Capital University Football



2012 OAC Media Preview Wednesday, August 8, 2012

Media Information Packet

2012 Capital University Football

General Information

School: Capital University

City/Zip: Columbus, Ohio 43209

Founded: 1830 Enrollment: 3,850 Nickname: Crusaders Colors: Purple and White

Stadium (Surface): Bernlohr Stadium (AstroPlay)

Capacity: 3,000

Conference: Ohio Athletic Conference (OAC)

President: Dr. Denvy A. Bowman (Roanoke, Va. '81) **Director of Athletics:** Dr. Steve Bruning (Ohio '87)

Athletic Dept. Phone: 614-236-6209 **Athletic Dept. Fax:** 614-236-6178

History

First Year of Football: 1923

Overall Record: 368-361-27 (.487) **OAC Regular Season Titles:** 1 (1987)

NCAA Playoff Appearances: 5 NCAA Playoff Record: 5-4 (.556)

Last Postseason Appearance: 2007 (First Round)

NCAA National Championships: 1 (1970)

Sports Information

Sports Information Director: Chris Lindeke

Office Phone: 614-236-6174
Office Fax: 614-236-6178
Cell Phone: 920-841-0568
E-mail: clindeke@capital.edu
Website: www.capital.edu/athletics

Coaching Staff

Head Coach: Henry Stanford **Alma Mater:** Ohio State '98

Record at School/Yrs.: 10-10/2 years

Career Record/Yrs.: Same
Office Phone: 614-236-6184
E-mail: hstanfor@capital.edu

Assistant Coaches (Responsibilities)

Robert White (Offensive Coordinator, Offensive Line)

Jon Spring (Defensive Line)
Jamal Luke (Wide Receivers)
Adam Hicks (Quarterbacks)
Cory Fenner (Offensive Line)
Aaron Hayes (Tight Ends)
Jamar Martin (Running Backs)

Jared Zirillo (Specialists)

Mark C. Anthony (Defensive Backs)

Josh Bauman (Linebackers)
David Murray (Defensive Backs)

Team Information

2011 Overall Record: 5-5

2011 OAC Record/Finish: 5-4/T-4th

Final National Ranking: N/A Basic Offense: Spread Basic Defense: 4-3

Lettermen Returning/Lost: 45/20

Starters Returning:
Offense: 7
Defense: 8
Specialists: 2

2012 CAPITAL FOOTBALL SCHEDULE

0 4	With a selection	D -	1 00
Sept. 1	Wittenberg	Bernlohr Stadium	1:30 p.m.
Sept. 15	Marietta*%	Bernlohr Stadium	2 p.m.
Sept. 22	at Ohio Northern*	Ada, Ohio	1:30 p.m.
Sept. 29	John Carroll*	Bernlohr Stadium	2 p.m.
Oct. 6	Heidelberg*#	Bernlohr Stadium	2 p.m.
Oct. 13	at Mount Union*	Alliance, Ohio	1:30 p.m.
Oct. 20	Baldwin-Wallace*	Bernlohr Stadium	2 p.m.
Oct. 27	Otterbein*^	Bernlohr Stadium	2 p.m.
Nov. 3	at Muskingum*	New Concord, Ohio	1:30 p.m.
Nov. 10	at Wilmington*	Wilmington, Ohio	1:30 p.m.

Home games in BOLD

* Indicates Ohio Athletic Conference match % Take a Kid to a Game Day

Homecoming Game
^ Senior Day



2012 Capital University Football

Key Returning Players (Offense)					Key 2011 Statistics
David Howson	OL	Sr.	6-3	250	Hudson/Trinity	6 GP/6 GS
Trevor McGowan	OL	So.	6-1	227	Northville, Mich./Northville	5 GP/4 GS
Troy Thompson	OL	Sr.	6-1	280	Pickerington/Central	7 GP/5 GS
Anthony Colucci	OL	Jr.	6-2	250	Ashtabula/Lakeside	10 GP/10 GS
Matt DeMore	OL	Sr.	5-11	240	Twinsburg/Twinsburg	10 GP/10 GS
Alex Coleman	WR	Jr.	5-7	182	Columbus/Eastmoor Acad.	10 GP/5 GS, 28 rec., 272 yds., 3 TD
Mike Epstein	WR	Sr.	5-7	160	Toledo/Sylvania Northview	10GP/10 GS, 36 rec., 301 yds., 1 TD
Casey Meridieth	RB	Sr.	5-8	211	Toledo/Sylvania Northview	7 GP, 27 att., 59 yds. (2.2 avg.), 1 TD
Ryan Kremchek	QB	Jr.	5-11	180	Sylvania/Sylvania Northview	50-107 (46.7%), 527 yds., 2 TD, 8 INT
Nick VanMeter	K	Sr.	5-8	170	Marion/Marion Pleasant	3-5 FG (39 long), 16-20 XP, 57.4 KO avg.
Key Returning Players (Defense)					
Aaron Rittgers	DL	Sr.	6-1	220	Pickerington/Central	10 GP/9 GS, 6.0 TFL, 1 sack, 1 blkd kick
Aaron Rittgers Aaron Knisley	DL DL	Sr. Sr.	6-1 6-1	220 215	Pickerington/Central Bexley/Bexley	10 GP/9 GS, 6.0 TFL, 1 sack, 1 blkd kick 10 GP/1 GS, 47 tkl, 4.0 TFL, 1 FF
_						
Aaron Knisley	DL	Sr.	6-1	215	Bexley/Bexley	10 GP/1 GS, 47 tkl, 4.0 TFL, 1 FF
Aaron Knisley Nate Nasrallah	DL DL	Sr. Sr.	6-1 6-0	215 250	Bexley/Bexley Norton/St. Vincent-St. Mary	10 GP/1 GS, 47 tkl, 4.0 TFL, 1 FF 10 GP/5 GS, 38 tkl, 7.0 TFL, 8.0 sacks
Aaron Knisley Nate Nasrallah Tyler Dugan	DL DL LB	Sr. Sr. Sr.	6-1 6-0 6-0	215 250 180	Bexley/Bexley Norton/St. Vincent-St. Mary Columbus/Groveport Madison	10 GP/1 GS, 47 tkl, 4.0 TFL, 1 FF 10 GP/5 GS, 38 tkl, 7.0 TFL, 8.0 sacks 10 GP/10 GS, 58 tkl, 3.5 TFL, 1 FF
Aaron Knisley Nate Nasrallah Tyler Dugan Domenic Hebebrand	DL DL LB DB	Sr. Sr. Sr. Jr.	6-1 6-0 6-0 5-9	215 250 180 180	Bexley/Bexley Norton/St. Vincent-St. Mary Columbus/Groveport Madison Hinckley/North Royalton	10 GP/1 GS, 47 tkl, 4.0 TFL, 1 FF 10 GP/5 GS, 38 tkl, 7.0 TFL, 8.0 sacks 10 GP/10 GS, 58 tkl, 3.5 TFL, 1 FF 9 GP/9 GS, 50 tkl, 1 INT, 2 FR
Aaron Knisley Nate Nasrallah Tyler Dugan Domenic Hebebrand Ryan Neuberger	DL DL LB DB DB	Sr. Sr. Sr. Jr. Sr.	6-1 6-0 6-0 5-9 5-9	215 250 180 180 170	Bexley/Bexley Norton/St. Vincent-St. Mary Columbus/Groveport Madison Hinckley/North Royalton Milan/Edison	10 GP/1 GS, 47 tkl, 4.0 TFL, 1 FF 10 GP/5 GS, 38 tkl, 7.0 TFL, 8.0 sacks 10 GP/10 GS, 58 tkl, 3.5 TFL, 1 FF 9 GP/9 GS, 50 tkl, 1 INT, 2 FR 10 GP/10 GS, 42 tkl, 3 INT
Aaron Knisley Nate Nasrallah Tyler Dugan Domenic Hebebrand Ryan Neuberger Seth Nelson	DL DL LB DB DB DL	Sr. Sr. Sr. Jr. Sr. Sr.	6-1 6-0 6-0 5-9 5-9 6-4	215 250 180 180 170 285	Bexley/Bexley Norton/St. Vincent-St. Mary Columbus/Groveport Madison Hinckley/North Royalton Milan/Edison Columbus/Groveport Madison	10 GP/1 GS, 47 tkl, 4.0 TFL, 1 FF 10 GP/5 GS, 38 tkl, 7.0 TFL, 8.0 sacks 10 GP/10 GS, 58 tkl, 3.5 TFL, 1 FF 9 GP/9 GS, 50 tkl, 1 INT, 2 FR 10 GP/10 GS, 42 tkl, 3 INT 10 GP/10 GS, 37 tkl, 4.5 TFL, 4 sacks

Preview

The Capital University football team enters the season following a 5-5 campaign in 2011, including a 5-4 mark in the rugged Ohio Athletic Conference. It was the team's 11th consecutive year with at least five wins and third in a row with a record above .500 in conference play. Head coach Henry Stanford returns for his third season at the helm with a career record of 10-10 (10-8 OAC).

Despite the loss of a number of seniors, including five all-league selections, Capital is set to return 45 letterwinners, including eight defensive starters, seven offensive starters and three special teamers (punter, kicker, long snapper). Honorable mention All-OAC picks Nate Nasrallah and Domenic Hebebrand are slated to return to lead the Crusaders. Nasrallah, a senior defensive lineman, led the team and tied for seventh in the OAC with eight sacks, while Hebebrand, a junior defensive back, placed fourth on the team with 50 tackles and had a combined 15 pass breakups and passes defensed.

Junior Ryan Kremchek projects to lead the offense at quarterback after appearing in five games a year ago. Kremchek, who threw for 527 yards in five games, will be flanked by two returning starters in senior wide receiver Mike Epstein and junior wide receiver Alex Coleman. Senior Casey Meridieth projects to take over as starting tailback after totaling 88 all-purpose yards a season ago. Four of the team's five starting offensive linemen, as well as six who started games last year, also return to protect the league's reigning No. 1 passing offense.

Defensively, Nasrallah will be joined by seniors Seth Nelson and Aaron Knisley on the starting defensive line, while senior Tyler Dugan is the team's lone returning starter in the linebacker corps. Dugan finished second only to first team All-OAC selection Troy Spiker in tackles with 58, while Knisley and Nelson combined for 94 stops, including 9.5 for a loss. All four starters return in the secondary, including Hebebrand and senior Ryan Neuberger, who led the Crusaders with three interceptions.

Senior kicker Nick VanMeter and sophomore punter Joseph Riley form the kicking corps. VanMeter booted three field goals and averaged 57.4 yards per kickoff last season, while Riley averaged 40.0 yards per punt and pinned opponents inside the 20-yard line six times.

Capital opens the 2012 season on Sept. 1 against Wittenberg at Bernlohr Stadium, where the Crusaders will play six of their 10 games during the year.

2012 Capital University Crusaders

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No.	Name	Pos.	Ht.	Wt.	Yr.	Hometown/High School	No.	Name	Pos.	Ht.	Wt.	Yr.	Hometown/High School
2	Andre Cousin	DB	6-2	170	Jr.	Fostoria, Ohio/Fostoria	41	Blayne Cornwell	DL	5-10	215	Sr.	Proctorville, Ohio/Fairland
2A	Alex Nydza	LB	6-1	190	Jr.	Cleveland, Ohio/Trinity	42	Drew Baker		F 11	100	Fr.	Carroll, Ohio/Pickerington Central
3 3A	Alex Coleman Travis Bosanac	WR	5-7	182	Jr. Jr.	Columbus, Ohio/Eastmoor Academy Strongsville, Ohio/Strongsville	43 44	T.J. Langermeier Matt Tash	LB	5-11	192	So. So.	West Jefferson, Ohio/West Jefferson
3A 4	Mike Epstein	WR	5-7	160	Sr.	Toledo, Ohio/Sylvania Northview	45	Jason Hutchins	DL	6-1	200	Sr.	Springboro, Ohio/Springboro
4A	Geno Williams	****	5 /	100	Fr.	Columbus. Ohio/Marion-Franklin	46	Brian Myers		5-10		So.	Bethel. Ohio/Bethel-Tate
5	Nolan Gill	WR	5-11	166	So.	Hilliard, Ohio/Hilliard Davidson	47	Napoleon Bell	00	0 10	1,2	Fr.	Columbus, Ohio/Bishop Hartley
5A	Gene Rucker		5-11		So.	Marion, Ohio/Marion Harding	48	Joseph Riley	K/P	5-11	145	So.	Twinsburg, Ohio/Twinsburg
6	Scott Greer				Fr.	Allison Park, Pa./Hampton	49	Jordan Woods	DB	6-0	170	So.	Berea, Ohio/Berea
6A	Isa Tate				So.	Hilliard, Ohio/Hilliard Davidson	50	Adam Brandt				Fr.	Mason, Ohio/Mason
7	Ryan Dupain				Fr.	Burgettstown, Pa/Burgettstown	51	Dobbins DeVaughn				Fr.	Pickerington, Ohio/Pickerington North
7A	Jesse Hernandez				So.	Tiffin, Ohio/Tiffin Columbian	52	Larry Osborne				So.	Baltimore, Ohio/Liberty Union
8	Dominic Hebebrand	d DB	5-9	180	Jr.	Hinckley, Ohio/North Royalton	53	Eric Krempasky	OL			So.	Finleyville, Pa./Seton La Salle
8A	Gage Brown				Fr.	Columbus, Ohio/Whetstone	54	Aaron Knisley	DL	6-1	215	Sr.	Bexley, Ohio/Bexley
9	Clay Smith	DB	6-4	177	So.	West Jefferson, Ohio/West Jefferson	55	Drake Voris	OL	6-1	225	Sr.	Ashville, Ohio/Teays Valley
9A 10	David Kemp	ΟI	6-2	250	Fr. So.	Steubenville, Ohio/Indian Creek	56	Chris Toohey				Fr. Fr.	Columbus, Ohio/Gahanna Lincoln Plantation, Fla./South Plantation
	Anthony Cicione Ryan Kremchek	OL QB	5-11		Jr.	Ashtabula, Ohio/Lakeside Sylvania, Ohio/Sylvania Northview	58 59	Kory Knight Bradley Beck	DL	5-8	240	So.	Fremont, Ohio/Fremont Ross
11	Jacob Batcho	WR		180	Jr.	Massillon, Ohio/Jackson	60	Matt DeMore	OL			Sr.	Twinsburg, Ohio/Twinsburg
	Brad Robley	****	0 1	100	So.	massinon, omorsacison	61	Seth Nelson	DL	6-4	285	Sr.	Columbus, Ohio/Groveport Madison
12	Kyle Shaeffer	LB	6-0	220	Jr.	Pickerington, Ohio/Pickerington North	62	Alec McCoy				Fr.	Cleves, Ohio/Taylor
12A	Jake Sears				So.	Miamisburg, Ohio/Miamisburg	63	Brendan McGee				Fr.	Daytona Beach, Fla./Mainland
13	Nick VanMeter	K/P	5-8	170	Sr.	Marion, Ohio/Marion Pleasant	64	Trevor McGowan	OL	6-1	227	So.	Northville, Mich./Northville
13A	Cory Kotopka				Fr.	Saint Clairsville, Ohio/Saint Clairsville	65	Kevin Cannon				Fr.	Norwalk, Ohio/Saint Paul
14	Tyler Dugan	LB	6-0	180	Sr.	Columbus, Ohio/Groveport Madison	66	John Mates	OL	6-0	225	Jr.	Northfield, Ohio/Trinity
14A	James Estes				Fr.	Daytona Beach, Fla./Mainland	68	Vince Austin				Fr.	Cleveland, Ohio/Mayfield
15	Jonathan Litman	QB	6-0	180	Jr.	Massillon, Ohio/Washington	69	Randy Hasher				Fr.	Palm Coast, Fla./Warner Christian Acad.
	Eric Theobald				Fr.	McKees Rocks, Pa./Bishop Canevin	71	Stephen Callaway				Fr.	Steubenville, Ohio/Catholic Central
16	Doc Kilby				So.	Carroll, Ohio/Bloom Carroll	72	Justin Campbell	01	<i>c</i> 2	250	Fr.	Johnstown, Ohio/Johnstown-Monroe
	Bryant Bokovitz				Fr.	Gallipolis, Ohio/Gallia Academy	73	David Howson	OL	6-3	250	Jr.	Hudson, Ohio/Trinity
17	Ryan McSweeney Wesley Meadows	LB	6-0	183	Fr. So.	Seven Hills, Ohio/Trinity Athens, Ohio/Alexander	74 75	Anthony Colucci Kris Hrovatich	OL OI	6-2 6-1	250 240	Jr. Jr.	Ashtabula, Ohio/Lakeside Sylvania, Ohio/Sylvania Southview
	Nick Gonzales	WR	5-8	159	So.	Cleveland, Ohio/Padua Franciscan	76	Brandon Sholl	OL	0-1	240	Fr.	Johnstown, Ohio/Big Walnut
18	Brian Mazzaro	WR	5-9	160	Jr.	Cincinnati, Ohio/New Richmond	77	Troy Thompson	OL	6-1	280	Sr.	Pickerington, Ohio/Pickerington
	Jerome Ferguson	••••	0.5	100	Fr.	Columbus, Ohio/Marion-Franklin	79	Zach Randall	DL	6-1		Sr.	Greenville, Ohio/Greenville
19	Joey Siefer	TE	6-1	205	Jr.	Sylvania, Ohio/Sylvania Southview	80	Jake Skelton				Fr.	Madison, Ohio/Madison
19A	Nick Cote				Fr.	Johnstown, Ohio/Johnstown-Monroe	81	Zach Brewer				Fr.	London, Ohio/Grove City Christian
20	Ryan Neuberger	DB	5-9	170	Sr.	Milan, Ohio/Edison	82	Jake Jackson				Fr.	Beavercreek, Ohio/Beavercreek
20A	Bo Hardy				Fr.	Galloway, Ohio/Bishop Ready	82A	Ja'Vaughn Harris				Fr.	Toledo, Ohio/Calvin M. Woodward
21	Larez Harper	DB	5-10		Jr.	Columbus, Ohio/Beechcroft	83	Cameron Harris	WR	6-1	165	So.	Columbus, Ohio/Marion-Franklin
	Walter Watson	RB	5-6	195	Jr.	St. Louis, Mo./Gateway Tech	83A	•				Fr.	Piqua, Ohio/Piqua
22	Adam Gammell	DB	5-9	157	So.	Silver Lake, Ohio/Cuyahoga Falls	84	Justin Bubar	WR	5-11	1/0	Jr.	Strongsville, Ohio/Strongsville
22A 23	Chris Elledge Ethan Bennington	K/M/B	5-9	150	Fr. Jr.	Pickerington, Ohio/Pickerington Central Cambridge, Ohio/John Glenn	85	Branden Race Matease Fields				Fr. So.	North Canton, Ohio/Hoover Columbus, Ohio/Bloom Carroll
	Zach Green	17/ 4411	J-J	130	Fr.	Columbus, Ohio/Groveport Madison	86	Benjamin Woycke	WR	6-0	173	So.	Mason, Ohio/Mason
24	Griffin Mouty				Fr.	Cincinnati, Ohio/Roger Bacon	86A		****	0 0	175	Fr.	Pickerington, Ohio/Pickerington North
	Justin Smith				Fr.	Newark, Ohio/Newark	87	Austin Clarridge	TE	5-11	205	Jr.	Marysville, Ohio/Fairbanks
25	Dustin Bowers				Fr.	Belle Center, Ohio/Benjamin Logan	87A					So.	Columbus, Ohio/Brookhaven
25A	Brenden Dickerson				Fr.	Elyria, Ohio/Elyria	88	Zane Ayouch				Fr.	Bethesda, Ohio/Union Local
26	Thomas Welch	LB	5-7	160	So.	Columbus, Ohio/Hamilton Township	89	Cody Ferguson				So.	Canal Winchester, Ohio/Canal Winchester
26A	Marcus McNeal				Fr.	Cleveland, Ohio/Glenville	90	Joshua Steadman	DL	6-0	215	So.	Cuyahoga Falls, Ohio/St. Vincent-St. Mary
27	Ted Cox	DB	5-6	170	Sr.	Marysville, Ohio/Marysville	91	Matthew Carter				Fr.	Columbus, Ohio/Hamilton Township
	Anthony Arellano		- 0	175	Fr.	Oakwood, Ohio/Paulding	92	Chris Frantum				Fr.	Mason, Ohio/Warren Cty. Virtual Comm.
28	Antoine Roberts	DB	5-9	175	Jr.	Lithonia, Ga./Miller Grove	93	Ryan Morris				Fr.	Calvert City, Ky./Marshall County
28A 29	Myles Robinson Luke Hafley				Fr. So.	Powell, Ohio/Olentangy Liberty Tiffin, Ohio/Tiffin Calvert	94 95	Kyle Krabbe Isaac Livengood				Fr. Fr.	Mason, Ohio/Mason Norwalk, Ohio/Saint Paul
	Austin Noel				Fr.	Salem, Ohio/Salem	96	Zane Levesseur				Fr.	Beavercreek, Ohio/Beavercreek
30	Dustin Morris	K/P	5-11	169	So.	Columbus, Ohio/Columbus South	97	Nate Nasrallah	DL	6-0	250	Sr.	Norton, Ohio/St. Vincent-St. Mary
	Glenn Haines		5-11		Jr.	Ashtabula, Ohio/Lakeside	98	Holden Roddy		0 0	200	Fr.	Springfield, Ohio/Kenton Ridge
31	Austin Castle				Fr.	Mount Sterling, Ohio/Westfall	99	Jay Bondzeleske	DL	6-1	235	Sr.	Columbus, Ohio/Bishop Watterson
31A	Ashton Evans				Fr.	Columbus, Ohio/Hamilton Township							
32	Manthani Brown				Fr.	Columbus, Ohio/Northland							
32A	Morgan Davis				Fr.	Columbus, Ohio/Northland							
33	Sal Oliverio				Fr.	Pittsburgh, Pa./Bishop Canevin	Head	d Coach: Henry Stanf	ord (0	Ohio St	ate, 19	998)	
	Zak Wirick			0	Fr.	West Liberty, Ohio/Benjamin Logan		•					inator/Offensive Line), Jon Spring
34	Terry Lind	υL	5-11	240	Sr.	Waster Ohio/Wauseon							
34A	,	רה	E O	160	Fr.	West Liberty, Ohio/Benjamin Logan	(Def	ensive Line), Jamal l	Luke	(Wide l	receiv	ers), A	dam Hicks (Quarterbacks), Cory Fenner
35 36	Blake Aber Aaron Rittgers	DB DL	5-8 6-1	169 220	So. Sr.	Dundee, Mich./Dundee Pickerington, Ohio/Pickerington	(Offe	ensive Line), Aaron H	Hayes	(Offen	sive Li	ne/Tig	ht Ends), Jamar Martin (Running
36 37	Casey Meridieth	RB		211	Sr.	Toledo, Ohio/Sylvania Northview	Bacl	ks), Jared Zirillo (Spe	ecial ⁻	Геаms)	, Mark	C. An	thony (Defensive Backs), Josh Bauman
38	Brandon Stokes		5.0	-11	Fr.	Bexley, Ohio/Bexley		ebackers), David Mu					
39	Ben Riggin				Fr.	Lebanon, Ohio/Lebanon	(=1111	ocachors, pavia ivia	uy (1	-010113	ומם ביי.	J.1.J/	
40					Fr.	Girard, Ohio/Ursuline							

40 Josh Monroe

Fr. Girard, Ohio/Ursuline

Head Football Coach Henry Stanford



Henry Stanford was named the 10th head coach of the Crusader football program on March 11, 2010, after two seasons as an assistant coach with the program.

Stanford guided Capital to a 5-5 overall record, including a 5-4 mark in the Ohio Athletic Conference, in 2011. Seven players were selected to the All-OAC teams, including senior Matt White, who finished his career as the program's all-time leader in receiving yards. The Crusaders used their passing offense, which ranked No. 1 in the league in yards per game, to pick up impressive comeback wins over second-place Baldwin-Wallace (Sept. 24) and local rival Otterbein (Oct. 15).

In his first season at the helm he led the Crusaders to a 5-5 record. Even more impressive was Capital's winning record in the always competitive OAC with a 5-4 mark. Stanford's highlights in his first year as a head coach included Capital's 23-13 win over rival Otterbein as well as the team's back-to-back wins over OAC teams to close out the season.

Stanford has been on campus since the start of the 2008 season as an assistant coach on the offensive side of the ball, serving as the offensive coordinator last fall. Under his guidance the CU spread offense ranked second in the OAC in total offense, passing yardage, first downs and fewest sacks allowed while recording just the second 1,000 yard rusher in school history. Stanford was named the OAC Assistant Coach of the Year after overlooking an offense that averaged over 34 points per contest. The Crusaders went 7-3 to cement their eighth winning season of the decade in 2009.

Stanford took over a program that just completed its most successful decade in school history with 72 wins and three trips to the NCAA Tournament, a record that places Capital in the top two football programs in the conference. The Crusaders are also one of just 10 programs in Division III to be nationally ranked in seven consecutive seasons.

"The vision at Capital has always been to pursue greatness in every area of our program. Those efforts will continue with a successful spring ball session over the next few weeks," Stanford said. "We will leverage our position as a top private university in the Midwest with a nationally ranked football program to attract talented student-athletes to attend Capital."

Stanford also served as the recruiting coordinator of CU football for the past two seasons and has 14 years of collegiate coaching experience dating back to his days as a student assistant coach for Ohio State during the Buckeyes' 1996 and 1998 Big Ten Championship teams. He came to Capital in 2008 after spending the previous four years at Elmhurst College, in Illinois, including three seasons as associate head coach, recruiting coordinator and offensive coordinator. Overall, Stanford has coached 39 All-Conference selections in the past 14 years. Stanford was also a member of the staff that coached Tennessee Titans wide receiver Nate Washington, who played an essential role on two Super Bowl championship teams with the Pittsburgh Steelers.

During his time at Elmhurst, the Blue Jays won 22 games and were near the top of the conference annually in scoring, passing, rushing and third-down conversions. Stanford coached 12 All-Conference selections at Elmhurst to follow up a successful coaching career that has included stints at Tiffin (1999 and 2003), Otterbein (2000 and 2001) and Kenyon (2002). He also served as an intern coach for the NFL's Cincinnati Bengals during training camp in 2007.

"The students that I have worked with make coaching a dream job because they are truly student-athletes who believe in the balance between academics and athletics," Stanford said. "The ability to guide students during the next four years of their lives is exciting. However, our program will help them prepare for a meaningful, well-rounded life."

Capital University Football Playoff History

1987		2006	
First Round (Dayton, Ohio)		First Round (Columbus, Ohio)	
Dayton	L, 52-28	Wittenberg	W, 31-14
•		Second Round (Columbus, Ohio)	
2005		North Central	W, 41-13
First Round (Naperville, III.) North Central	W, 21-19	Quarterfinals (Alliance, Ohio) Mount Union	L, 17-14
Second Round (Crawfordsville, Ind.) North Central	W, 21-19	2007	
Quarterfinals (Alliance, Ohio) North Central		First Round (Whitewater, Wis.) UW-Whitewater	
TOTAL CONTRACTOR AND			,

Capital University Combined Team Statistics (as of Aug 09, 2012) All games

Sep 3, 2011 * 09/17/11 * Sep 24, 2011	Opponent at #20 Wittenberg WILMINGTON at Baldwin-Wallace	Score L 28-45 W 26-12 W 14-11	Att. 3521 1544 2750	Record: All games Conference Non-Conference	Overall 5-5 5-4 0-1	Home 2-2 2-2 0-0	Away 3-3 3-2 0-1	Neutral 0-0 0-0 0-0
* Oct 08, 2011 * Oct 15, 2011 * 10/22/11 * Oct 29, 2011 * 11/05/11	at Heidelberg OHIO NORTHERN at Otterbein University #2 MOUNT UNION at John Carroll MUSKINGUM UNIVERSITY at Marietta College	L 3-55 L 20-38 W 24-20 L 7-27 L 24-37 W 28-26 W 24-3	1604 2124 3217 1803 2266 1056 1017	Team Statistics FIRST DOWNS Rushing Passing Penalty RUSHING YARDAGE Rushing Attempts			210 56 134 20 216 318	OPP 204 75 115 14 1531 388
Rushing Josh Anderson Chase Carris Garrett Bennington Casey Meridieth Ryan Kremchek Alex Coleman Jonathan Litman Chip Fisher Matt White TEAM Ethan Benningto Total Opponents	gp att gain loss 10 160 662 34 10 83 279 140 10 18 74 4 7 27 65 6 5 15 66 27 10 2 11 0 4 4 21 15 9 1 3 0 10 1 0 1 8 6 0 6 7 1 0 32 10 318 1181 265 10 388 1773 242	-1 -1.0 0 (-6 -1.0 0 (7 62.8 1 13.9 6 7.0 8 8.4 8 7.8 7 1.1 1 1.5 3 0.3 0 -0.1 0 -0.8 0 -4.6 7 91.6	Average Per Rush Average Per Game TDs Rushing PASSING YARDAGE Comp-Att-Int Average Per Pass Average Per Catch Average Per Game TDs Passing TOTAL OFFENSE Average Per Play Average Per Game KICK RETURNS: #-Y INT RETURNS: #-Y	ards Yards	2 248-438 26 3 31 51- 16-	2.9 1.6 10 602	3.9 153.1 2569 182-307-11 8.4 14.1 256.9 21 4100 5.9 410.0 40-735 26-238 19-222
Passing Chase Carris Ryan Kremchek Jonathan Litman Alex Coleman Kory Hartinger Total	gp effic comp-att-1 10 119.84 185-307-5 79.32 50-107-4 4 118.67 11-19-1 10 715.60 1-1-0 8 547.60 1-1-0 10 112.18 248-435-1	0 60.3 1905 13 3 46.7 527 2 57.9 122 1 100.0 34 1 100.0 14 1 19 57.0 2602 18	lg avg/g 45 190.5 37 105.4 34 30.5 34 3.4 14 1.8 45 260.2	FUMBLES-LOST PENALTIES-Yards PUNTS-AVG TIME OF POSSESSI 3RD-DOWN Convers 4TH-DOWN Convers	ON/Game	53- 47-: 28 83/	0-7 534 :5.0 ::56 170 :/25	16-12 71-620 41-37.5 31:04 63/146 12/28
Receiving Matt White Ryan Williams Mike Epstein Alex Coleman Josh Anderson Kory Hartinger Garrett Bennington	10 144.98 182-307- gp no. yds avg 10 84 1068 12.1 10 38 394 10.4 10 36 301 8.4 10 28 272 9.1 10 25 199 8.0 8 24 274 11.4 10 4 29 7.2	td lg avg/g 10 45 106.8 3 37 39.4 1 29 30.1 3 25 27.2 1 1 19 19.9 4 0 23 34.2	92 256.9	Interceptions Ryan Neuberger Kory Conley Zac Randall Antoine Roberts Seth Nelson Domenic Hebebrand Tyler Dugan Troy Spiker	no. 3 2 1 1 1 1	yds avg to 0 0.0 (0 0 0.0 (0 0 0.0 (0 0 0.0 (0 0 0.0 (0 0 0.0 (0 0 0.0 (0 0 0.0 (0 0 0 0.0 (0 0 0 0.0 (0 0 0 0.0 (0 0 0 0.0 (0 0 0 0.0 (0 0 0 0.0 (0 0 0 0.0 (0 0 0 0.0 (0 0 0 0.0 (0 0 0 0.0 (0 0 0 0.0 (0 0 0 0.0 (0 0 0 0	0 0 3 0 0 0 0	
Casey Meridieth Jacob Batcho Justin Bubar Matt DeMore Antoine Roberts Total	7 3 29 9.7 3 3 20 6.7 4 1 16 16.0 10 1 1 1.0 10 1 -1 -1.0 10 248 2602 10.9	7 0 19 4.1 7 0 9 6.7 9 0 16 4.0 9 0 1 0.1 9 0 0 -0.1 5 18 45 260.2		Punting Nick VanMeter Joseph Riley TEAM Tyler Plank	24 8 21 8 1 1	yds avg lg 808 33.7 47 839 40.0 49 0 0.0 0 0 0.0 0	0 4 5 1 0 0 0 0	6 0 1 6 0 0 0 0 0 0 0
Opponents Field Goals Nick VanMeter Scoring		0-29 30-39 40-49 5 2-2 1-3 0-0 (50-99 lg blk 0-0 39 0	Punt Returns Alex Coleman Ethan Benningto Josh Anderson Andre Cousin Total Opponents	no. 12 2 1 1 16 26	yds avg to 108 9.0 (-3 -1.5 (2 2.0 (-1 -1.0 (106 6.6 (238 9.2 (45 0 2 0 45	
Matt White Josh Anderson Nick VanMeter Ryan Williams Alex Coleman Chase Carris Casey Meridieth Mike Epstein Garrett Bennington Troy Spiker Total	10	- 2	64 48 25 18 12 6 6 1 0 198	Kick Returns Josh Anderson Antoine Roberts Alex Coleman Garrett Bennington Ryan Neuberger Gene Rucker Total Opponents	no. 22 17 7 3 1 1 51 40	yds avg t 413 18.8 (296 17.4 (125 17.9 (125 17.9 (125 17.9 (125 17.9 (125 17.9 (125 125 125 125 125 125 125 125 125 125	l lg 43 29 23 38 15 6 43	
Opponents Score by Quarters Capital University Opponents	35 11-12 29-34	0-1	- 1 274	All Purpose Josh Anderson Matt White Alex Coleman Ryan Williams Mike Epstein Total Opponents g 10 11 12 13 14 15 16 16 17 17 18 18 18 18 18 18 18 18 18 18 18 18 18	628 1 -1 1 11 0 0 0 916	rcv pr k 199 2 41: 1068 0 0 272 108 12: 394 0 0 301 0 0 2602 106 90: 2569 238 73:	0 0 0 0 0 0 0 3 3	total avg/g 1242 124.2 1067 106.7 516 51.6 394 39.4 301 30.1 4566 456.6 5295 529.5
				Total Offense Chase Carris Josh Anderson Rvan Kremchek	9 10 10 5	390 139 1 160 628	905 20 0 0	otal avg/g 044 204.4 628 62.8 566 113.2

Capital University Overall Defensive Statistics (as of Aug 09, 2012) All games

			Та	ckles		Sacks	Pass d	efense		Fumbles	•	blkd	
# Defensive Leaders	gp	ua	a	tot	tfl/yds	no-yds	int-yds	brup q	bh	rcv-yds	ff	kick	saf
51 Troy Spiker	10	50	58	108	6.5-24	4-17	1-36	2	2	2-0	3		
14 Tyler Dugan	10	40	18	58	3.5-7		1-0	7			1		
67 Dan Frankart	10	22	29	51	3.5-22	3-18			1	1-0	1		
8 Domenic Hebebrand	9	24	26	50	1.0-1		1-0	7		2-0			
54 Aaron Knisley	10	24	23	47	4.0-14	1-2					1		
20 Ryan Neuberger	10	27	15	42			3-0	3					
28 Antoine Roberts	10	26	13	39			1-0	7					
22 Larez Harper	9	26	12	38	0.5-1			2			2		
97 Nate Nasrallah	10	16	22	38	7.0-34	8-32		2	1	1-0			
5 John Honsberger	10	14	24	38	3.0-14			3			1		
61 Seth Nelson	10	15	22	37	4.5-16	4-15	1-0	1					
36 Aaron Rittgers	10	17	16	33	6.0-20	1-5		2				1	
99 Jay Bondzeleske	9	12	18	30	6.5-28	5-26				1-0			
7 Kory Conley	9	17	12	29	1.0-8		2-0	4					
29 Andre Cousin	10	18	10	28	0.5-0			6					
27 Merrit Zollars	10	10	7	17				2		1-0			
33 Brennen Fraley	7	3	9	12	2.5-12	2-8		_			1		
45 Jason Hutchins	4	1	8	9	0.5-1		·	1					
TM TEAM	8	7		7	1.0-1			_		2-0		1	
42 Kyle Shaeffer	4	1	4	5	1.5-4	•	•					_	
13 Nick VanMeter	10	1	3	4	1.5	•	•	•	-1	•	- 1	•	•
9 Ted Cox	9	2	2	4	1.0-1	•	•	•		•		•	•
2 Garrett Bennington	10	4	_	4	1.0 1	•	•	•	-1	•	- 1	•	•
31 Clay Smith	7	2	1	3	•	•		•	i	•	i	•	•
10 Kory Hartinger	8	2	1	3	1.0-1	•	•	•	-1	•	•	•	•
43 Andrew Sadowski	5	3		3	2.0-8		•		i	•	•	•	•
3 Matt White	10	2	1	3	2.0 0	•	•	2	•	•	- 1	•	•
79 Zac Randall	4	1	2	3	1.0-5	1-5	1-3		- 1	•	•		•
21 Alexander Nydza	7	2	1	3	1.0 3	1 3	1 3	•	•	•	- 1		•
52 Jonathan Figel	10	1	1	2	•	•	•	•		•	- 1		•
74 Anthony Colucci	10	2		2	•	•	•	•	•	•	- 1	•	•
26 Josh Anderson	10	2		2	•	•	•	•	- 1	•	- 1		•
30 Glenn Haines	3		2	2	•	•	•	•	•	•	•	•	•
89 Nick Gonzales	5	1	1	2		•		•	•	•	•		•
17 Wesley Meadows	4	1	2	2	•	•		•	•	•	•		•
25 Alex Coleman	10	2		2	•	•			- 1	•	- 1		•
18 Brian Mazzaro	9	1	1	2	•	•		•	•	•	•		•
78 Anthony Harris		1	1	1	•				•	•	- 1		•
	2	1			•	•	•	•	•	•	-		•
30 Dustin Morris	2		1	1	•	•		•	•		•		
35 Adam Gammell	5	1		1	•	•		•	•		•		•
32 Chip Fisher	9		1	1	105			•	•				•
56 56	1	1		1	1.0-5				•		•		•
6 Ryan Kremchek	5	1		1					·		•		
88 Nolan Gill	6	460	266	7.00	FO 225	24.125			-	1-0			
Total	10	402	366	768	59-227	24-128	11-39	51	4	11-0	10	2	•
Opponents	10	413	344	757	58-240	27-165	19-222	74	11	7-35	7	3	1

Capital University Football: A Tradition of Success

1970 STAGG BOWL CHAMPION 1987 OAC CHAMPION

1987, 2005, 2006, 2007 NCAA PLAYOFFS

Capital University Footba	II Honor Roll	Academic All-Americans
		1982George Troutman
All-Americans		1983Mike Linton
	Dah Kannady C	1985Todd Fisher
	Bob Kennedy, G	
	Ed Garver, HB	2002Trevor Alexander
	Ken Pleger, T	2002
	Murphy Moultry, LB	OAC Mike Gregory Award (Top OL/QB/RB)
	Leon Simpson, DE	
	Greg Arnold, T	1957 Ken Pleger
	Tom McCurdy, G	1974Greg Arnold
1979	Russ Reynolds, G	1980 Steve Wigton
1980	John Phillips, T	1987 Keith Willike
	Steve Wigton, C	2006Rocky Pentello
1987	Mike Eberhart, LB	
	Keith Szanto, DB	OAC Ken Wable Award (Top OL)
	Keith Willike, E	2009Cory Dutcher
1988	Sean Kelly, DB	2009 Coly Dutchel
	Mike Kauffeld, DT	OAC Paul Hoernemann Award (Top DL)
	Bill Kaikis, DB	•
	Bill Fannin, DT	1987Mike Eberhardt
	Keith Boucher, DE	1988Mike Kauffeld
	Tom Trace, OT	
	Ron Swearingin, LB	OAC Lee Tressel Award (Top DB)
		1987 Keith Szanto
	Kyle Hausler, S	1991 Bill Kaikis
	Adam Hicks, P	1998Sean Kelly
	Ron Swearingin, LB	•
	Tom Doyle, C	2005Kyle Hausler
	Rocky Pentello, QB	2007James Starks
	Ron Swearingin, LB	OAC Cana Claushter Award (Tan I D)
	Kyle Hausler, DB	OAC Gene Slaughter Award (Top LB)
2005	Kyle Hausler, DB	2003Ron Swearingin
	Shawn Papp, OL	2008Pete Ankrom
	Kive Kraft, TE	2010Sam Jacobs
	Lewis Howes, WR	
	Joel Sickmeier, LB	OAC Coach of the Year
	Matt Spitz, PK	
	Derick Alexander, WR	1970
	Dylan Kelly, TE	1987
	Josh Kinniard, OL	2001Jim Collins
	Rocky Pentello, QB	2003Jim Collins
	James Starks, DB	2006Jim Collins
	Matt Spitz, PK	OAC Assistant Coach of the Year
	Adam Persing, OL	2002Jim Bickel
	Jonathan Spring, DL	2007Jim Bickel
	James Starks, DB	2009
		2003 Honly Stanford