

## Release and Indemnity

A non-refundable check in the amount of clinic cost and made payable to Capital University must accompany this registration form.

Enrollment is limited, so it is important to apply early. Upon receipt of your registration form and payment, you will be confirmed for attendance unless otherwise contacted. Refunds will be given to those excluded due to enrollment limitations.

In consideration of the acceptance of this application, I, intending to be legally bound, hereby for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against Capital University or its representatives or assignees for any and all damages which may be sustained by me in connection with my association with the entry in this clinic, and which may arise out of my traveling to, participating in or returning from the clinic.

Health Insurance Co. \_\_\_\_\_

Policy Number \_\_\_\_\_

### Medical History/Permission Form

Participant's Name \_\_\_\_\_

Emergency Contact Name \_\_\_\_\_

Phone (        ) \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Physical limitations preventing participation (use another page if necessary) \_\_\_\_\_  
\_\_\_\_\_

Medications currently used and reason \_\_\_\_\_  
\_\_\_\_\_

Signature (Participant) \_\_\_\_\_

Date signed \_\_\_\_\_

Signature (Parent/Guardian) \_\_\_\_\_

Date signed \_\_\_\_\_

**NOTE: You must return a completed Release and Indemnity Form and the Registration Form to ensure your enrollment. Please fill out both forms completely.**

**Capital University**

Nan Payne, Head Softball Coach  
Capital University  
1 College and Main  
Columbus, OH 43209-2394

**Capital University**  
**Softball Clinics**



## Hitting & Bunting

Jan. 19, 2013

Feb. 9, 2013

## Pitching

Jan. 5, 2013

## Catching

Jan. 5, 2013

## Defense

Jan. 19, 2013

Feb. 2, 2013

## Clinic Quick Facts

- Who:** Girls in grades 5-12 of any skill level or ability.
- What:** Live demonstrations will be used to illustrate solid techniques and to promote the development of imagery skills.
- Where:** The Capital Center on the campus of Capital University in Columbus, Ohio. Capital's head softball coach, Nan Payne, her coaching staff and members of her team will be on hand.
- When:** The Hitting & Bunting and Defense clinics will have two separate Saturday sessions: hitting will run from 8 a.m. to 1 p.m. and defense from 2 to 5 p.m.
- Hitting – 8 a.m. to noon  
Pitchers – 9 a.m. to noon  
Catchers – 9 a.m. to noon  
Defense – Jan. 19, 1-4 p.m.; Feb. 2, 2-5 p.m.
- Why:** The clinics will display and teach the basic fundamentals of fastpitch softball, specifically the skills and techniques concerned with hitting, bunting, pitching, catching and defense.
- Cost:** Hitting – \$50 per clinic  
Pitching – \$50 per clinic  
Catching – \$50  
Defense – \$50
- Bring:** Hitting & Bunting – Participants should bring a favorite bat and helmet, but bats will be provided if needed.
- Pitching Clinic – **You must bring your own catcher.**
- Catching Clinic – You must provide your own catching equipment.
- Defense – Participants should bring a glove.
- Extra:** Capital softball apparel will be available for sale during the clinic.

**Each clinic is limited to 50 participants, so register TODAY!**

## Nan Payne Clinic Director

Nanette “Nan” Payne was recognized as the 2002 Ohio Athletic Conference Softball Coach of the Year and the 2002 Regional Coaching Staff of the Year. She is starting her 15th season as head softball coach at Capital University in Columbus, Ohio, and posted her 300th career win in March 2011. In her career as the winningest softball coach in school history, the Crusaders have posted a 319-201-3 record (.61 win percentage). In 2002, Nan led the Crusaders to a conference championship and an NCAA berth for only the third time in school history. In 2003, the Crusaders tied their second highest mark for wins in a season at 27. Prior to becoming the head coach at Capital, Nan served as an assistant coach at Buffalo State College for six seasons. As a player, Nan was a four-year starter for the University of Michigan softball team. She also was a Dayton Daily News All Metro Player from Northmont High School.

## Directions to Capital University

### *From the East on I-70*

Exit at Livingston Avenue. Turn left at the light and go to Alum Creek Drive. Turn right onto Alum Creek, continuing on to Main Street. Turn right on Main. At the fourth traffic light, turn right onto Pleasant Ridge. The Capital Center is located at the northeast corner of Pleasant Ridge and Mound Street. Park in the lot across the street and enter The Capital Center through the Mound Street doors.

### *From the West on I-70*

Exit at the Bexley/Main Street exit. Follow the ramp around onto Alum Creek Drive and continue to Main Street. Turn right on Main. At the fourth traffic light, turn right on Pleasant Ridge. The Capital Center is located at the northeast corner of Pleasant Ridge and Mound Street. Park in the lot across the street and enter The Capital Center through the Mound Street doors.

## Capital Softball Clinics Registration Form

Indicate the clinic(s) you wish to attend:

- | Hitting/Bunting<br>(\$50 per clinic) | Pitching<br>(\$50 / clinic)     | Catching<br>(\$50)              | Defense<br>(\$50)                |
|--------------------------------------|---------------------------------|---------------------------------|----------------------------------|
| <input type="checkbox"/> Jan. 19     | <input type="checkbox"/> Jan. 5 | <input type="checkbox"/> Jan. 5 | <input type="checkbox"/> Jan. 19 |
| <input type="checkbox"/> Feb. 9      |                                 |                                 | <input type="checkbox"/> Feb. 2  |

Name \_\_\_\_\_

Street \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ ZIP \_\_\_\_\_

School \_\_\_\_\_

Phone (     ) \_\_\_\_\_

E-mail \_\_\_\_\_

Graduation Year \_\_\_\_\_ Age \_\_\_\_\_

Current grade \_\_\_\_\_

Position played \_\_\_\_\_

How did you hear about this camp?

\_\_\_\_\_

**Hitting & Bunting – \$50 (per clinic)**  
**Pitching – \$50 (per clinic)**  
**Catching – \$50**  
**Defense – \$50**

Indicate method of payment:

- Check (made payable to **Capital University**)
- Money order

**Note: You must return a completed Release and Indemnity Form and this Registration Form to ensure your enrollment. Please fill out both forms completely.**

### **Return payment and forms to:**

Nan Payne, Head Softball Coach  
Capital University  
1 College and Main  
Columbus, OH 43209-2394  
614-236-6487 • npayne@capital.edu