GAME INFORMATION

Date/Time: Fri., March 7, 2014 / 7 p.m. EST
Site: Swartz Gymnasium - Ferrum, Va.
Live Video: ferrumpanthers.com
Live Stats: www sidewarstats.com/ferrum/wbball
Twitter Updates: twitter.com/CapCrusaders

Last Meeting: This is the first-ever meeting between Capital and Ferrum.
What's Next: The winner of today's contest takes on the winner of No. 20 Christopher Newport (Va.)-Eastern Mennonite (Va.) Saturday at 7 p.m. in the NCAA Tournament second round at Ferrum.

GAME 28

CAPITAL UNIVERSITY CRUSADERS (19-8)
Ohio Athletic Conference
Head Coach: Dixie Jeffers, 28th year (Morehead State ‘81)
Career Record: 644-204 (31st season), Record at CU: 592-181 (28th season)
Notable: Has led Crusaders to four NCAA semifinals, including two national titles

NO. 16 FERRUM COLLEGE PANTHERS (26-2)
USA South Athletic Conference
Head Coach: Bryan Harvey, 9th year (Roanoke (Va.) ‘94)
Career Record: 204-71 (ninth season), Record at FC: 204-71 (ninth season)
Notable: Has led Panthers to three straight NCAA Tournament appearances

STORY LINES

- Capital is making its 15th NCAA Tournament appearance in the program's history and first since 2009. The Crusaders earned the Ohio Athletic Conference's automatic bid after claiming the team's 10th OAC Tournament title. After defeating Wilmington at home in the second round, Capital went on the road to knock off No. 1 seed Baldwin Wallace 83-77 in overtime on Thursday and third-seeded Ohio Northern 67-50 two days later.
- Capital has a rich NCAA Division III Tournament history. The Crusaders won back-to-back national championships in 1994 and 1995 and reached the NCAA semifinals three other times, including a runner-up finish in 1993 and third-place finishes in 1986 and 1997.
- Seniors Cookie Geroski and Jamie Caton could become the fifth Capital duo and first since 2010 to graduate together and each achieve the 1,000-career point plateau. Geroski, a guard, tallied seven points last Saturday at Ohio Northern to become the 20th player in program history to reach the plateau. Caton, a forward, needs just 18 points this weekend to reach 1,000.

CAPITAL NOTES

- All-OAC: Caton, Geroski and sophomore guard Simonne Gage were named All-Ohio Athletic Conference earlier this week. Caton, a first-time honoree, was picked to the first team, Gage garnered second team accolades and Geroski was tabbed honorable mention by the league's coaches.
- NCAA Statistical Rankings: The Crusaders rank among NCAA Division III's elite in a pair of statistical categories. Capital ranks fifth in the nation in 3-point field goal percentage, knocking down 37.4 percent of their looks. The team also commits just 14.0 turnovers per game, good for 17th in the country.
- OAC Well Represented: Four teams from the OAC earned bids to the NCAA Tournament. In addition to Capital, the automatic qualifier from the conference, Baldwin Wallace, John Carroll and Ohio Northern each earned “Pool C”, or at-large, berths.

COACH DIXIE JEFFERS

- A two-time national title winner, Dixie Jeffers is one of the most successful coaches in the OAC and in all of NCAA Division III. Jeffers has led the Crusaders to 10 conference regular season titles, 10 league tournament championships and 13 NCAA Tournament berths, including a quartet of national semifinal appearances.
- From 1990-2000, the Capital women's basketball program had the highest winning percentage in NCAA Division III (263-34, .886).
- Jeffers is a six-time OAC Coach of the Year and two-time National Coach of the Year (1994, 1995).
- She became the seventh coach in NCAA Division III women's basketball history to reach 600 career wins with a victory over Ohio Wesleyan on Jan. 2, 2012. Jeffers is the 14th fastest coach to reach the milestone in all divisions.

CAPITAL PROJECTED STARTING LINEUP

G - 15 - SO
Simonne Gage
Dayton, Ohio

G - 23 - SR
Cookie Geroski
Fostoria, Ohio

G - 31 - JR
Shelby Sheets
Fayetteville, Ohio

F - 21 - SR
Jamie Caton
Hilliard, Ohio

F - 42 - JR
Monica Heckman
Pitsburg, Ohio

PTS 8.6 11.9 6.2 13.1 6.4
REB 3.8 5.5 2.9 4.1 5.0
AST 4.7 2.8 1.3 2.2 0.4
STL 1.8 1.1 0.7 2.4 0.6

2013-14 CAPITAL UNIVERSITY WOMEN’S BASKETBALL

Chris Lindeke, Sports Information Director -- Office: (614) 236-6174 -- E-mail: clindeke@capital.edu
Twitter: @CapCrusaders -- Facebook: facebook.com/capitaluniversityathletics --
YouTube: youtube.com/CapCrusaders -- Instagram: CapitalU
### Statistical Category Leaders:

*based on NCAA minimums*

#### Points Per Game
- Jamie Caton: 13.1
- Cookie Geroski: 11.9
- Kristen Thompson: 9.1

#### Rebounds Per Game
- Kristen Thompson: 6.2
- Cookie Geroski: 5.5
- Monica Heckman: 5.0

#### Assists Per Game
- Simonne Gage: 4.7
- Cookie Geroski: 2.8
- Jamie Caton: 2.2

#### Steals Per Game
- Jamie Caton: 2.4
- Simonne Gage: 1.8
- Cookie Geroski: 1.1

#### Blocks Per Game
- Jamie Caton: 0.9
- Colleen Fondessy: 0.3
- S. Sheets/K. Thompson: 0.2

#### Free Throw Percentage
- Simonne Gage: 76.7
- Jamie Caton: 59.6

#### Assist-to-Turnover Ratio
- Simonne Gage: 2.6

### Capital Notes

**A Wealth of Options**

Capital's scoring options go well beyond the team's top two scorers, seniors Jamie Caton and Cookie Geroski, who average 13.1 and 11.9 points per game, respectively.

Six different Crusaders have scored 19 points or more in a single game this season, and another four players have reached double figures in at least one contest.

“We do have a number of different players who’ve stepped up,” Capital coach Dixie Jeffers said. “I didn’t embrace it at first, from a consistency standpoint, but I’ve learned with this team, it’s about winning.”

Sophomore guard Simonne Gage - the team's fourth-leading scorer - put up the team's top scoring effort this season, a 28-point performance in the team's victory at Wilmington on Feb. 6. Caton and Geroski each put up 27 points in one game, while freshman guard Lauren Stefancin and sophomore guard Jenna Erwin each tallied 25 in a contest. Sophomore forward Kristen Thompson tallied 19 points on two separate occasions. All figures are career highs.

**Efficient from Downtown**

The Crusaders attempt a modest 12.8 three-pointers per game, a figure that ranks last in the OAC. But Capital has been extremely efficient in making the 3-pointers it shoots.

Entering the week, the Crusaders led the conference and ranked fifth in the nation in 3-point percentage, shooting 37.4 percent from long range. While some of that can be attributed to the second-half surge of freshman guard Lauren Stefancin, who is shooting 53.6 percent from 3-point range since Jan. 26, Jeffers attributed the high mark to the quality of looks for her shooters.

“We encourage taking looks in transition,” Jeffers said. “We tell our kids that when you get a rebound, it’s OK to push and look for an outside shot. A lot of our quick-hitters cater to shooting 3s, and with the inside presence of Jamie (Caton), Monica (Heckman) and Kristen (Thompson), our kids can get open looks.”

**Fully Engage(d)**

Sophomore guard Simonne Gage’s influence on a game can’t be fully appreciated by the numbers, even though they are very good. Gage ranks ninth in the nation in assist-to-turnover ratio (2.60-to-1) and is a big reason the Crusaders lead the OAC and rank 17th in the country in turnovers per game (14.0).

As the point guard, Gage helps set the Capital offense and pushes the ball in transition, using her superb vision to find open shooters outside the arc and open post players running to the block. If those options aren’t available, she’s also scored an ability to score, averaging 8.6 points per game and 9.6 in league play.

“Simonne is the piece that makes us run,” Jeffers said. “I don’t think we’re where we are without her. She’s a leader by example, and has stepped up this year with her vocal leadership.”

**Scouting Ferrum (26-2)**

The USA South Athletic Conference regular season and tournament champion, Ferrum is competing in its third consecutive NCAA Tournament ... the Panthers are ranked 16th in both the D3hoops.com Top 25 and the USA Today Sports Division III Top 25 Coaches’ Poll ... Ferrum ranks among the top 10 in the nation in assists per game (18.8), field goal percentage (.472), field goal percentage defense (.318) and scoring margin (+20.4) ... Jacole Hairston (12.9 ppg), Katy Kipps (12.0 ppg) and Shea Smith (11.3 ppg) are the Panthers’ leading scorers ... Hairston and Kipps each shoot better than 50 percent from the floor ... Kylene margin (+20.4) ... Jacole Hairston (12.9 ppg), Katy Kipps (12.0 ppg) and Shea Smith (11.3 ppg) are the Panthers’ leading scorers ... Hairston and Kipps each shoot better than 50 percent from the floor ... Kylene margin (+20.4) ... Jacole Hairston (12.9 ppg), Katy Kipps (12.0 ppg) and Shea Smith (11.3 ppg) are the Panthers’ leading scorers ... Hairston and Kipps each shoot better than 50 percent from the floor ...

### Statistical Comparison

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<th>Opponents</th>
<th>Ferrum</th>
<th>Opponents</th>
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2013-14 OAC Official Women’s Basketball Roster

Capital University Crusaders

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<th>Name</th>
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<th>Ht.</th>
<th>Yr.</th>
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<td>Fr.</td>
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<td>Fr.</td>
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<td>Fr.</td>
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*Captain

Head Coach: Dixie Jeffers (28th year)
Assistant Coaches: Lindsay Reynolds, Jason Wright, Cory McKnight
Student Assistant Coaches: Stacy Timmerman, Scott Liermann
Athletic Trainer: Caitlin Janoski

Pronunciations:
#14 Nina NAPOLITANO: nah-PAUL-ih-tah-no
#15 SIMONNE Gage: sih-MOAN
#23 Cookie GEROSKI: jer-OSS-key
#35 Lauren STEFANCIN: steph-ANN-sin

CAPITAL AT A GLANCE

School....................................................... Capital University
City/ZIP ................................................... Columbus, Ohio 43209
Founded .................................................... 1830
Enrollment .............................................. 3,500
Nickname .................................................. Crusaders
Colors ...................................................... Purple & White
Arena (opened) .......................................... Capital Center (2001)
Capacity ................................................... 2,100
Affiliation .............................................. NCAA Division III
Conference .............................................. Ohio Athletic Conference (OAC)
President ....................... Dr. Denvy Bowman (Roanoke, Va. ’78)
Director of Athletics ............. Dr. Steve Bruning (Ohio ’87)
Associate Director of Athletics Dixie Jeffers (Morehead State ’81)
Athletic Phone ................................. 614-236-6209
### Capital University Combined Team Statistics (as of Mar 01, 2014)

**All games**

**Overall record:** 19-8  Conf: 13-5  Home: 8-4  Away: 11-4  Neutral: 0-0

<table>
<thead>
<tr>
<th>Player</th>
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<th>Opp stats</th>
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**Opponents**

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### TEAM STATISTICS

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## The Automated ScoreBook
### Capital University Team Game-by-Game (as of Mar 03, 2014)
### All games

### TEAM STATISTICS

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<th>Opponent</th>
<th>Date</th>
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**Capital University**

1894   | 673-1627  | .414 129-345 | .374 419-616 | .680 334 710 1044 | 38.7 510 347 379 | 56 241 1894 70.1

**Opponents**

1777   | 619-1560  | .397 152-463 | .328 387-564 | .686 335 734 1069 | 39.6 541 315 471 | 61 204 1777 65.8

**Statistics**

- Games played: 27
- Points/game: 70.1
- FG Pct: 41.4
- 3FG Pct: 37.4
- FT Pct: 68.0
- Assists/game: 12.9
- Turnovers/game: 14.0
- Assist/turnover ratio: 0.9
- Steals/game: 8.9
- Blocks/game: 2.1
- Rebounds/game: 38.7
## Capital University 67 • 19-8

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**Ohio Northern Women 50 • 23-4**

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Official: Rob Doss, Tim Gebheart, Dave Hopkins
Technical fouls: Capital University-None. Ohio Northern Women-None.

Championship Game of the 2014 OAC Women's Basketball Tournament
ONU is the #3 Seed, Capital is the #4 seed
The winner receives the OAC's automatic bid to the NCAA III Tournament

### Final Statistics

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**Score by periods**

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2014 NCAA Division III Women's BASKETBALL CHAMPIONSHIP

First Round
March 7

Second Round
March 8

Semifinals
March 14-15

Semifinals
March 21

Final
March 22

Semifinals
March 21

Sectionals
March 14-15

Second Round
March 8

First Round
March 7

*Montclair St. (25-2)
Washington-St. Louis (23-2)
Regis (MA) (23-4)
Moravian (20-7)
Scranton (24-3)
*Portland-MY (23-4)
Bridgewater St. (16-11)

Vassar (22-5)
*Wis.-Whitewater (22-4)
Williams (20-5)
*York (PA) (25-2)
La Roche (23-4)

Lebanon Valley (21-6)
Bridgewater St. (16-11)
*FDU-Florham (27-0)

Well (19-4)
Ralph Mosetti (21-5)
Messiah (22-7)

*Full (26-1)
St. Joseph's (IN) (27-5)
U New England (26-2)
New York U. (19-5)

*Bowdoin (21-5)
Carthage (25-3)
Pacific St. (19-5)
Roger Williams (25-3)

*Misaca (25-4)
Sage Colleges (7-8)
Haverford (23-3)
Benedict (21-6)

Antioch (24-3)
Springfield (17-11)

*Hansbrough (21-5)
Baruch (21-7)

Wisconsin-Stevens Point
Stevens Point, Wisconsin
8 p.m. ET

Wisconsin-Stevens Point
Stevens Point, Wisconsin
8 p.m. ET

Wisconsin-Stevens Point
Stevens Point, Wisconsin
8 p.m. ET

Wisconsin-Stevens Point
Stevens Point, Wisconsin
5 p.m. ET

Wisconsin-Stevens Point
Stevens Point, Wisconsin
5 p.m. ET

Wisconsin-Stevens Point
Stevens Point, Wisconsin
5 p.m. ET

Wisconsin-Stevens Point
Stevens Point, Wisconsin
5 p.m. ET

NATIONAL CHAMPION
Wisconsin-Stevens Point
Stevens Point, Wisconsin
5 p.m. ET

Third Place
March 22

*First and second-round & sectional games will be played on the campus of one of the participating institutions.
In her 28th season as head coach at Capital University, Dixie Jeffers has the distinct honor of being the only current coach already enshrined in the Ohio Basketball Hall of Fame.

Since taking over as head coach at Capital beginning with the 1986-1987 season, Jeffers and her teams have been a model of excellence and consistency on and off the court. One of the nation’s all-time winningest coaches, Jeffers, who spent three seasons as head coach at Rio Grande University before coming to Capital, has won nearly 80 percent of her games with over 600 career wins to her name. She became the seventh coach in NCAA Division III history to reach 600 wins, and the 14th-fastest to reach the milestone in any division, with a 67-56 victory at Ohio Wesleyan on Jan. 2, 2012. Jeffers was the sixth coach in Division III to join the 500-win club. Over the years, Jeffers’ teams have epitomized all of the characteristics of a quality NCAA program by garnering a slew of national All-American Academic and athletic honors.

With Jeffers at the helm, Capital University women’s basketball has become one of the nation’s best and most respected basketball squads. From 1990-2000, no NCAA Division III women’s basketball team had a higher winning percentage. Also during that span, Jeffers led Capital to the Final Four an incredible four times in five years. The Crusaders finished second in 1993, became the first Division III school to win back-to-back national championships in 1994 and 1995 and finished third in 1997. With all this success, Jeffers had the distinction of being the first Division III coach to win National Coach of the Year honors in successive years (1994 and 1995).

Capital has won 20 or more games in 18 seasons, and twice the Crusaders crossed the 30-win plateau. Through Jeffers’ tenure, Capital has won 10 Ohio Athletic Conference regular season titles, 10 OAC Tournament championships, including a run of six in a row from 1992-1997, and have made 13 NCAA Tournament appearances under Jeffers’ watch.

Jeffers is a six-time OAC Coach of the Year and entered the 2012-13 season as the OAC’s all-time leader in overall wins, OAC wins, OAC Tournament victories, NCAA Tournament triumphs and overall winning percentage. She enters the 2014 NCAA Tournament just nine wins shy of her 600th victory at Capital.

Jeffers has also created a defiant home court advantage at the Capital Center, which is in its 13th season as home of the Crusaders. Capital’s parquet spearheaded the Crusaders to an OAC-record 26 straight home victories from 2008-10, which is the 12th longest such streak in Division III history.

“Players constantly drive me to be successful and continue to achieve,” Jeffers said. “I have and always will love the game and will continually have the energy to do the job.”

Anybody who comes in contact with Jeffers knows that energy is something the coach will never lack on or off the court. The energy Jeffers places in successful teams on the court is equally translated to her players’ academic pursuits. “The kids we recruit have to understand that academics is the highest priority,” Jeffers said. They have to bring the enthusiasm to the classroom that they bring to the floor. That is a Capital student-athlete.”

As impressive as Jeffers’ numbers are on the bench, her off-the-court accomplishments are equally impressive. For 18 straight seasons (1994-2012) a Crusader was named Academic All-OAC, and she has coached numerous Academic All-Americans, NCAA and NACDA post-graduate scholarship recipients. In 1997, Crusader Carrie Ferguson was honored nationally as an NCAA Elite VIII selection. Jeffers and her teams also have been active in the community by giving free basketball clinics, helping the homeless and visiting Children’s Hospital. Jeffers has also served on the board of directors for the Special Wish Foundation.

Ironically enough, Jeffers is from a small Ohio town called Mount Victory, and even if it appears she has climbed the coaching mountain, she wants to continue to ascend. “Once you have experienced a national championship, you never lose that hunger to do it again, for yourself, your current players, and the University,” Jeffers said. “Other than getting married and having my children, it is one of the top experiences of my life, and I want my current players to have that experience for themselves.”

Aside from her coaching duties, Jeffers serves as associate director of athletics at Capital. She and her husband, John, live in Canal Winchester, and the couple has a daughter, Cara, and son, Jansen.
Women’s Basketball Assistant Coaches

Lindsay Reynolds
Lindsay Reynolds enters her third season as the assistant women’s basketball coach at Capital University.

A Roanoke, Va., native, Reynolds is in charge of film exchange and works primarily with the development of the team’s post players while assisting coach Dixie Jeffers with recruiting, scouting and a variety of administrative tasks.

Reynolds was involved in many different facets of the women’s basketball program at Virginia Wesleyan, where she was an assistant coach for two years. In addition to serving as recruiting coordinator, Reynolds worked on post player development and film exchange, and assisted with the preparation and execution of scouting reports and film breakdowns. Her dedication helped the Marlins compile a combined 35-20 record and an appearance in the ODAC Tournament championship game in 2010.

Prior to her time at VWC, Reynolds was a graduate assistant at Virginia Tech for two seasons, where she organized film exchange, prepared recruiting correspondence and scouting reports and served as assistant camp director. She was a part of the Hokies’ run to the WNIT second round in 2007.

A four-year letterwinner at Roanoke College, Reynolds paced the Maroons in assists, 3-point percentage and 3-pointers made during her sophomore season, and still ranks among Roanoke’s all-time leaders in both categories.

She graduated from Roanoke in 2006 with a bachelor’s in health and human performance, exercise and sport management. Reynolds earned her master’s in education, health promotion and sport performance from Virginia Tech in 2008.

Reynolds also serves as the head women’s golf coach at Capital, and was selected OAC Co-Coach of the Year in 2012. She currently resides in Groveport, Ohio.

Jason Wright
Jason Wright has been an assistant coach at Capital since the 2000-2001 season. During that span, the Crusaders have claimed five OAC championships, including back-to-back conference regular season titles. The Purple and White have also earned a pair of NCAA Tournament bids and have won at least 20 games for seven straight seasons with Wright on the coaching staff.

A 1999 Capital graduate, as a student he helped out Coach Jeffers as a student-assistant coach. In his current role, he works with Crusader guards while aiding with a variety of administrative tasks.

Wright is also a teacher in the Bloom Carroll school district.

Cory McKnight
Cory McKnight enters his first season as an assistant coach for the Capital University women’s basketball team.

Prior to Capital, McKnight has served in a number of roles at the high school level. He is currently an assistant coach for West Virginia Thunder AAU.

McKnight was an assistant varsity and head junior varsity coach at Ironton High School, his alma mater, for four seasons (2010-13). While at Ironton, McKnight scouted competition, organized and prepared for games and coordinated practice, road trips, fundraising and summer work. He helped lead the Fighting Tigers to a regional championship in 2010 and district runner-up accolades in 2011 and 2013.

McKnight also served as an assistant coach at South Point High School in 2009.

He is a 2008 graduate of Ironton High School, and is currently attending Shawnee State University.
3 Courtney Merritt
Freshman • Guard • 5-6
Cincinnati, Ohio / Colerain
Major: Athletic Training

Season Highlights
• Appeared in each of team’s first 11 games before being sidelined by injury
• Tallyed a career-high four points in games against Wittenberg (Nov. 20) and Thomas More (Nov. 23)
• Scored points in eight of her 11 appearances

Overall Career Stats (as of March 6)
| Year | GP | GS | Min Avg | FG | FGA | Pct 3FG | FG | FGA | Pct FT | FTA Pct | Off Def | Tot Avg | PF | FO A | TO Blk Stl Pts | Avg |
|------|----|----|--------|----|-----|-------|----|-----|-------|--------|-------|-------|----|----|--- |-------|-----|--
| 13-14| 11 | 0 | 93     | 8.5| 6   | .286  | 0  | .000 | 9     | .643   | 5     | 8     | 13  | 1.2 | 17 | 1  | 19 | 21 | 1.9 |
| Totals | 11 | 0 | 93     | 8.5| 6   | .286  | 0  | .000 | 9     | .643   | 5     | 8     | 13  | 1.2 | 17 | 1  | 19 | 21 | 1.9 |

Overall Career Stats (as of March 6)
| Year | GP | GS | Min Avg | FG | FGA | Pct 3FG | FG | FGA | Pct FT | FTA Pct | Off Def | Tot Avg | PF | FO A | TO Blk Stl Pts | Avg |
|------|----|----|--------|----|-----|-------|----|-----|-------|--------|-------|-------|----|----|--- |-------|-----|--
| 13-14| 8  | 0 | 12     | 1.5| 3   | .000  | 0  | .000 | 1     | .500   | 0     | 7     | 7   | 0.9 | 0  | 1 | 1  | 1 | 1  | 0.1 |
| Totals | 8  | 0 | 12     | 1.5| 3   | .000  | 0  | .000 | 1     | .500   | 0     | 7     | 7   | 0.9 | 0  | 1 | 1  | 1 | 1  | 0.1 |

Overall Career Stats (as of March 6)
| Year | GP | GS | Min Avg | FG | FGA | Pct 3FG | FG | FGA | Pct FT | FTA Pct | Off Def | Tot Avg | PF | FO A | TO Blk Stl Pts | Avg |
|------|----|----|--------|----|-----|-------|----|-----|-------|--------|-------|-------|----|----|--- |-------|-----|--
| 13-14| 26 | 0 | 235    | 9.0| 22  | .431  | 4  | .571 | 6     | .462   | 11    | 23    | 34  | 1.3 | 25 | 0 | 4  | 9 | 7 | 7 | 54 | 2.1 |
| Totals | 26 | 0 | 235    | 9.0| 22  | .431  | 4  | .571 | 6     | .462   | 11    | 23    | 34  | 1.3 | 25 | 0 | 4  | 9 | 7 | 7 | 54 | 2.1 |

5 Jordan Davis
Freshman • Guard/Forward • 5-10
Wellston, Ohio / Wellston
Major: Nursing

Season Highlights
• Has appeared in eight games this season
• Scored her first career point on a free throw at Marietta on Feb. 12

Overall Career Stats (as of March 6)
| Year | GP | GS | Min Avg | FG | FGA | Pct 3FG | FG | FGA | Pct FT | FTA Pct | Off Def | Tot Avg | PF | FO A | TO Blk Stl Pts | Avg |
|------|----|----|--------|----|-----|-------|----|-----|-------|--------|-------|-------|----|----|--- |-------|-----|--
| 13-14| 8  | 0 | 12     | 1.5| 3   | .000  | 0  | .000 | 1     | .500   | 0     | 7     | 7   | 0.9 | 0  | 1 | 1  | 1 | 1  | 0.1 |
| Totals | 8  | 0 | 12     | 1.5| 3   | .000  | 0  | .000 | 1     | .500   | 0     | 7     | 7   | 0.9 | 0  | 1 | 1  | 1 | 1  | 0.1 |

11 Colleen Fondessy
Freshman • Forward • 5-11
Fostoria, Ohio / St. Wendelin
Major: Athletic Training/Pre-PT

Season Highlights
• Has appeared in all but one game this season as a key member of the frontcourt rotation
• Tallyed a career-high 13 points on 6-of-7 shooting in a career-high 35 minutes at Heidelberg on Dec. 4
• Grabbed a career-best five rebounds against Wilmington on Dec. 18
• Has played 10 or more minutes in 10 games this season

Overall Career Stats (as of March 6)
| Year | GP | GS | Min Avg | FG | FGA | Pct 3FG | FG | FGA | Pct FT | FTA Pct | Off Def | Tot Avg | PF | FO A | TO Blk Stl Pts | Avg |
|------|----|----|--------|----|-----|-------|----|-----|-------|--------|-------|-------|----|----|--- |-------|-----|--
| 13-14| 26 | 0 | 235    | 9.0| 22  | .431  | 4  | .571 | 6     | .462   | 11    | 23    | 34  | 1.3 | 25 | 0 | 4  | 9 | 7 | 7 | 54 | 2.1 |
| Totals | 26 | 0 | 235    | 9.0| 22  | .431  | 4  | .571 | 6     | .462   | 11    | 23    | 34  | 1.3 | 25 | 0 | 4  | 9 | 7 | 7 | 54 | 2.1 |
14  Nina Napolitano  
Sophomore • Guard • 5-7  
Akron, Ohio / Walsh Jesuit  
Major: Biology

Season Highlights
• Has appeared in 25 of the team’s 27 games as a key member of the backcourt rotation
• Scored a career-high 10 points in Capital’s season opener at St. Vincent (Pa.) on Nov. 16
• Tallied seven points in 14 minutes in the Crusaders’ 83-77 overtime win at Baldwin Wallace in the OAC Tournament semifinals on Feb. 27
• Totaled a career-best seven rebounds against Wittenberg on Nov. 20

Overall Career Stats (as of March 6)

Year GP GS Min Avg FG FGA Pct 3FG FGA Pct FT FTA Pct Off Def Tot Avg PF FO A TO Blk Stl Pts Avg
12-13  26     1  288  11.1   14  56 .250  1  13  .077  17  20 .850 18  18 36  1.4  19  0  17 21  3 20  46 1.8
13-14  25     0  364  14.6   25  64 .391  3  9  .333  29  37 .784 25  24 49  2.0  33  0  11 25  3 18  82 3.3
Totals  51     1  652  12.8   39  120 .325  4  22  .182  46  57 .807 43  42 85  1.7  52  0  28 46  6 38 128 2.5

15  Simone Gage  
Sophomore • Guard • 5-3  
Dayton, Ohio / Chaminade Julienne  
Major: Psychology

Season Highlights
• Named second team All-Ohio Athletic Conference (was OAC Freshman of the Year in 2012-13)
• Has scored in double figures in seven of her last nine games, including a career-high 28-point effort in the team’s 80-66 victory at Wilmington on Feb. 6.
• Through games of Monday, ranked ninth in the nation in assist-to-turnover ratio (2.60-to-1)
• Leads the team in assists and dished out a career-high 11 against Muskingum on Feb. 19
• Selected to the OAC Tournament All-Tournament team after playing all but eight minutes in three postseason games

Overall Career Stats (as of March 6)

Year GP GS Min Avg FG FGA Pct 3FG FGA Pct FT FTA Pct Off Def Tot Avg PF FO A TO Blk Stl Pts Avg
12-13  23    18  610  26.5   66  176 .375  12  37  .703 22  54 76  3.3  47  3  59 39  3 43 170 7.4
13-14  26    24  837  32.2   66  186 .355  13  44  .295  79 103 .767 21  78 99  3.8  71  1 122 47  0 48 224 8.6
Totals  49    42 1447  29.5  132 362 .365  25  81  .309 105 140 .750 43 132 175 3.6 118 4 181 86  3 91 394 8.0

20  Jenna Erwin  
Sophomore • Guard • 5-8  
Springfield, Ohio / Southeastern  
Major: Psychology/Pre-Med

Season Highlights
• Has appeared in all 27 of the team’s games as a member of the backcourt rotation
• Erupted for a career-high 25 points on 9-of-14 shooting (5-of-8 from 3-point range) against Marietta on Jan. 22
• Scored in double figures on three other occasions, including twice against fellow NCAA qualifier Baldwin Wallace
• Recorded a career-high seven rebounds against Wittenberg on Nov. 20

Overall Career Stats (as of March 6)

Year GP GS Min Avg FG FGA Pct 3FG FGA Pct FT FTA Pct Off Def Tot Avg PF FO A TO Blk Stl Pts Avg
12-13* 25    1  289  11.6   28  79 .354  3  25 .120 18  25 .720 13  24 37  1.5  32  0 14 35  1 16 77 3.1
13-14  27    0  263  9.7   41  90 .456  14  37 .378 26  32 .813 22  26 48  1.8  31  0  9 20  1 11 122 4.5
Totals  52    1  552  10.6  69 169 .408  17  62 .274 44  57 .772 35  50 85  1.6  63  0 23 55  2 27 199 3.8

*Statistics recorded while playing at Cedarville University
21 Jamie Caton

Season Highlights
- Named first team All-Ohio Athletic Conference, the first all-conference honor of her career
- Tabbed OAC Player of the Week and earned spot on D3hoops.com Team of the Week after averaging 25 points in two games at Hope (Mich.), including 26 points against then-No. 6 Hope, on Dec. 13-14
- Selected OAC Tournament MVP after averaging 17.7 points and 2.3 steals in three games, including a career-high 27 points in the Crusaders’ 83-77 overtime win at Baldwin Wallace in the semifinals on Feb. 27
- Leads team in scoring and paces both team and OAC in steals

Overall Career Stats (as of March 6)

Rebounding

| Year | GP | GS | Min  | Avg | FG  | FGA | Pct  | FT  | FTA | Pct  | Off | Def | Tot | Avg | PF | FO | A | TO | Blk | Stl | Pts | Avg |
|------|----|----|------|-----|-----|-----|------|-----|-----|------|-----|-----|-----|-----|----|----|---|----|-----|-----|-----|-----|-----|
| 10-11 | 26 | 2  | 366  | 14.1| 46  | 124 | .371 | 1   | .000| 51  | 71  | 71  | 48  | 70  | 2.7 | 50 | 0  | 19 | 41 | 12  | 27  | 143 | 5.5 |
| 11-12 | 27 | 2  | 510  | 18.9| 89  | 217 | .410 | 0   | .000| 82  | 118 | .695| 26  | 44  | 70  | 2.6 | 90 | 5  | 26 | 62  | 7   | 41  | 260 | 9.6 |
| 12-13 | 21 | 510  | 22.2 | 97  | 232 | .418 | 5   | .400| 42  | 88  | .477| 21  | 70  | 91  | 4.0 | 78 | 5  | 39 | 60  | 22  | 54  | 238 | 10.3 |
| 13-14 | 26 | 24 | 674  | 25.9| 128 | 306 | .418 | 2   | .500| 84  | 141 | .596| 35  | 72  | 96  | 4.1 | 91 | 6  | 58 | 78  | 24  | 62  | 341 | 13.1 |
| Totals| 102| 49 | 2060 | 20.2| 360 | 879 | .410 | 11  | .273| 259 | .418| .620| 104 | 234 | 338 | 3.3 | 309| 16 | 142 | 65  | 184 | 982 | 9.6 |

22 Shelby Sigman

Season Highlights
- Has appeared in 17 games this season
- Has scored in four different games this season, including a 3-pointer at then-No. 6 Hope (Mich.) on Dec. 14
- Earned playing time in Capital’s final two games of the OAC Tournament

Overall Career Stats (as of March 6)

Rebounding

| Year | GP | GS | Min  | Avg | FG  | FGA | Pct  | FT  | FTA | Pct  | Off | Def | Tot | Avg | PF | FO | A | TO | Blk | Stl | Pts | Avg |
|------|----|----|------|-----|-----|-----|------|-----|-----|------|-----|-----|-----|-----|----|----|---|----|-----|-----|-----|-----|-----|
| 12-13 | 24 | 0  | 228  | 9.5 | 11  | 42  | .262 | 3   | 15  | 1.200| 7   | 11  | .636| 11  | 18 | 0.8| 17 | 0  | 19 | 11  | 0   | 7   | 32  | 1.3 |
| 13-14 | 17 | 0  | 69   | 4.1 | 13  | 250 | .418 | 2   | 4   | .250| 2   | .500| 3   | 5   | 0.3| 5  | 0  | 3  | 3   | 1   | 1   | 8   | 0.5 |
| Totals | 41 | 0  | 297  | 7.2 | 14  | 54  | .259 | 4   | 19  | .211| 8   | 13  | .615| 14  | 23 | 0.6| 22 | 0  | 22 | 14  | 1   | 8   | 40  | 1.0 |

23 Cookie Geroski

Season Highlights
- Named honorable mention All-Ohio Athletic Conference (third all-conference selection of career)
- Became the 20th player to reach 1,000 career points in program history with seven points in the OAC Tournament championship game at Ohio Northern last Saturday
- Has reached double figures in scoring 17 times this year, including a career-best 27-point effort at Otterbein on Jan. 11
- Selected OAC Player of the Week on Jan. 13 following her career-high scoring effort
- Currently leads the OAC in minutes played

Overall Career Stats (as of March 6)

Rebounding

| Year | GP | GS | Min  | Avg | FG  | FGA | Pct  | FT  | FTA | Pct  | Off | Def | Tot | Avg | PF | FO | A | TO | Blk | Stl | Pts | Avg |
|------|----|----|------|-----|-----|-----|------|-----|-----|------|-----|-----|-----|-----|----|----|---|----|-----|-----|-----|-----|-----|
| 10-11 | 26 | 25 | 817  | 31.4| 57  | 181 | .315 | 23  | 80  | .288| 29  | 39  | .744| 23  | 85 | 108| 4.2| 39 | 1  | 98 | 53  | 1   | 28  | 166 | 6.4 |
| 11-12 | 26 | 26 | 841  | 32.3| 72  | 175 | .411 | 19  | 54  | .352| 50  | 67  | .746| 52  | 99 | 151| 5.8| 54 | 0  | 96 | 49  | 2   | 40  | 213 | 8.2 |
| 12-13 | 26 | 26 | 904  | 34.8| 108 | 274 | .394 | 46  | 135 | .341| 40  | 52  | .769| 45  | 117| 162| 6.2| 46 | 0  | 69 | 43  | 2   | 39  | 302 | 11.6 |
| 13-14 | 27 | 27 | 943  | 34.9| 107 | 282 | .379 | 43  | 122 | .352| 64  | 78  | .821| 23  | 125| 148| 5.5| 50 | 0  | 76 | 38  | 2   | 31  | 321 | 11.9 |
| Totals | 105| 104| 3505 | 33.4| 344 | 912 | .377| 131 | 391 | .335| 183 | 236 | .775| 143 | 426| 569| 5.4| 189| 1398 | 183 | 7 | 138 | 1002 | 9.5 |
Kristen Thompson
Sophomore • Forward • 5-10
Cincinnati, Ohio / Colerain
Major: Leadership and Management

Season Highlights
• Leads the team in rebounding and ranks in the top 10 in the OAC in rebounding and field goal percentage
• Has three double-doubles, most recently against fellow NCAA qualifier Ohio Northern on Feb. 22
• Totaled 14 points and five rebounds in 15 minutes off the bench during Capital’s 83-77 overtime victory at Baldwin Wallace in the OAC Tournament semifinals on Feb. 27
• Posted a career high 19 points twice this season (vs. Baldwin Wallace on Dec. 7, at Ohio Northern on Jan. 18)
• Ranks third on the team in scoring

Overall Career Stats (as of March 6)
Rebounding
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Brittany Gross
Freshman • Guard • 5-7
Cygnet, Ohio / Elmwood
Major: Accounting

Season Highlights
• Has appeared in nine games this season
• Earned her first career start at Otterbein on Jan. 11, when she played in a career-high eight minutes
• Tallied her lone field goal of the year - a 3-pointer - at Mount Union on Jan. 4

Overall Career Stats (as of March 6)
Rebounding
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Shelby Sheets
Junior • Guard • 5-10
Fayetteville, Ohio / Fayetteville-Perry
Major: Biology

Season Highlights
• One of three players on the team to have appeared and started in all 27 of the team’s games
• Scored a season-best 10 points and matched a season-high with six rebounds at St. Vincent (Pa.) on Nov. 16
• Tallied eight or more points in eight of her first nine games of the campaign
• Played 29 minutes in the team’s 67-50 victory at Ohio Northern in last Saturday’s OAC Tournament title game
• Ranks in the top 25 in the conference in both minutes and minutes per game

Overall Career Stats (as of March 6)
Rebounding
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33 Steph Irwin
Sophomore • Center • 5-10
Carmel, Ind. / Carmel
Major: Biology

Season Highlights
- Has appeared in seven games this season
- Toted two points at Mount Union on Jan. 4
- Grabbed a season-high three rebounds at then-No. 6 Hope (Mich.) on Dec. 14

Overall Career Stats (as of March 6)

<table>
<thead>
<tr>
<th>Year</th>
<th>GP</th>
<th>GS</th>
<th>Min Avg</th>
<th>FG</th>
<th>FGA</th>
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34 Katie Klingman
Freshman • Forward/Center • 6-0
Painesville, Ohio / Riverside
Major: Business

Season Highlights
- Has appeared in 15 games this season
- Played a career-high 12 minutes against Wittenberg on Nov. 20
- Scored two points on four different occasions, including an 80-59 Capital victory at Marietta on Feb. 12
- Collected three rebounds in three different games, including twice against Marietta

Overall Career Stats (as of March 6)

<table>
<thead>
<tr>
<th>Year</th>
<th>GP</th>
<th>GS</th>
<th>Min Avg</th>
<th>FG</th>
<th>FGA</th>
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35 Lauren Stefancin
Freshman • Guard • 5-8
Mentor, Ohio / Mentor
Major: Early Childhood Education

Season Highlights
- Has appeared in 24 games this season
- Has scored in double figures five times this season
- Tallied a career-high 25 points in Capital’s 83-68 win at Baldwin Wallace on Jan. 26
- Knocked down three 3-pointers in the second half to help the Crusaders defeat Ohio Northern 67-50 last Saturday in the OAC Tournament championship game
- Currently leads the team and ranks third in the OAC in 3-point field goal percentage

Overall Career Stats (as of March 6)

<table>
<thead>
<tr>
<th>Year</th>
<th>GP</th>
<th>GS</th>
<th>Min Avg</th>
<th>FG</th>
<th>FGA</th>
<th>Pct</th>
<th>3FG</th>
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</table>
季節高點

- 三位隊員中的一位，參與了所有 27 場比賽
- 在 14 場比賽中，得到雙雙數據，六次得正確分數
- 在Capital對Wilmington的68-59勝利中，刷新生涯高分14分
- 在11月26日對Ohio Wesleyan的比賽中，創下生涯最佳13個籃板
- 在得分榜上排名第五，籃板榜上排名第三

Monica Heckman

年級 - 中鋒
高級
Pitsburg, Ohio / Franklin-Monroe
專攻：運動醫學及物理治療

綜合職業統計（截至3月6日）

| 年度 | 出場 | 先發 | 比賽總時間 | 平均 | FG | FGA | 投射率 | 3FG | FGA | 投射率 | FT | FTA | 投射率 | 前場 | 后場 | 總計 | 平均 | 封阻 | 拦截 | 削球 | 失誤 | 總得分 | 總平均 |
|------|------|------|-----------|------|----|-----|--------|----|-----|--------|----|-----|--------|-----|----|-------|-----|-----|------|-----|-----|-------|
| 11-12 | 15   | 0    | 70        | 4.7  | 4  | 16  | 250    | 1  | 0   | 10.0   | 0  | 0   | 12.0   | 22  | 1.5 | 10.0    | 2   | 3  | 2     | 5   | 0  | 8.5   | 1.5 |
| 12-13 | 23   | 8    | 280       | 12.2 | 32 | 63  | 508    | 2  | 1   | 375    | 2  | 8   | 78.0   | 3.4 | 30  | 10.0   | 15  | 6  | 5     | 17  | 2  | 6.8   | 3.0 |
| 13-14 | 27   | 27   | 599       | 22.2 | 77 | 182 | 423    | 11 | 4   | 364    | 27 | 14  | 80.0   | 5.0 | 53  | 2.0    | 40  | 3  | 17    | 172 | 6.4|
| Total | 65   | 35   | 949       | 14.6 | 261| 433 | 385    | 17 | 13  | 486    | 96 | 138 | 3.6    | 93  | 22  | 58    | 9   | 24 | 248   | 3.8 |
Women’s Basketball: A Tradition of Championships


NCAA Division III National Runners-up: 1993

NCAA Division III Third-place: 1986, 1997

Seven NCAA Division III All-Sectional Team Selections

Five NCAA Division III All-Tournament Team Selections

32 First-team All-OAC Selections (most of any conference school)

32 Academic All-OAC Selections (most of any conference school)

Ten OAC Championships (most of any conference school):


One Lutheran Brotherhood Player of the Year
Kendra Meyer, 2000

One Lutheran Brotherhood Player of the Year
Carrie Ferguson, 2001

One Lutheran Brotherhood Player of the Year
Laura Schmelzer, 1994

Ten Player-of-the-Year Honorees:

12 First-Team All-Americans:
Kendra Meyers (three times), Sandy Buddelmeyer (two times), Laura Schmelzer, Carrie Ferguson, Sara Heitkamp (two times), Jill White, Carmen Ellis, Daniele Sanna

Six Honorable Mention All-Americans:
Sandy Buddelmeyer, Laura Schmelzer, Carmen Ellis, Carrie Ferguson, Jill Walker, Daniele Sanna

Five CoSIDA Academic All-Americans:
Sandy Buddelmeyer (two times), Shelly Blackburn (two times), Carrie Ferguson, Kendra Meyers, Sara Heitkamp (two times)

One NCAA National Player of the Year
Laura Schmelzer, 1994

Winningest NCAA Division III program in the 1990s (259-37, .876%)

NCAA TOURNAMENT HISTORY

National Semifinal
Scranton (Pa.)..............W 65-61
Kean (N.J.)..................W 56-64
Washington & Jefferson (Pa.)...W 74-40
Waynesburg (Pa.).........W 74-40
at Alliance, Ohio
Pitt-Johnstown (Pa.)....W 74-40
at Alliance, Ohio
Washington & Jefferson (Pa.)...W 74-40
at Alliance, Ohio
Washington & Jefferson (Pa.)...W 74-40

National Championship
Central (Iowa)...........L 71-63
Kendall (Wis.).............W 71-63
Elizabethtown (Pa).........W 61-55
at Capital (Alumni Gym)
Scranton (Pa.)...........W 71-63

1996 at Capital (Alumni Gym)
Wittenberg................W 93-50
at Babson, Mass.
Babson (Mass.)..........W 68-56
Louisiana State (La.)...W 68-56
at Pella, Iowa

1997 at Capital (Alumni Gym)
Bethany (W. Va.)........W 81-63
Mount Union..............L 65-62
Western Washington (Wash.)...W 65-62
at home

2001 at Capital (Alumni Gym)
Calvin (Mich.).............W 74-40
Elizabethtown (Pa).........W 74-40
at Capital (Alumni Gym)
St. Thomas (Minn.).........W 74-40
at Capital (Alumni Gym)
Elizabethtown (Pa).........W 74-40
at Capital (Alumni Gym)

1994 at Capital (Alumni Gym)
Pitt-Johnsburg (Pa.)......W 74-40
at Capital (Alumni Gym)
Wittenberg..............W 74-40
at Capital (Alumni Gym)
William Patterson (N.J.)....W 74-40
at Capital (Alumni Gym)

NATIONAL CHAMPIONSHIP
Washington (Mo.)..........W 82-63
Kendall (Wis.).............W 82-63

National Championship
Kean (N.J.)..................W 56-64
Muskogee........................L 78-56
Allegany (Pa.).........W 84-66
Kean (N.J.)..................W 72-71
Elizabethtown (Pa)........W 61-55
National Semifinal
Bishop (Texas)..............L 73-68
Third Place Game
Rust (Miss.)..............W 77-61

1997 at Capital (Alumni Gym)
Ohio Northern.............L 68-64
Allegany (Pa.)..............L 79-63

1991 at Capital (Alumni Gym)
Muskogee....................L 76-64

1992 at Capital (Alumni Gym)
Rowan (N.J.)..............W 106-51
At Bethlehem, Pa.
Scranton (Pa.)...........W 80-56
Moravian (Pa.)..........L 85-76

1985 Kean (N.J.)..............W 85-64
Muskogee........................L 78-56
Allegany (Pa.).........W 84-66
Kean (N.J.)..................W 72-71
Elizabethtown (Pa).........W 61-55
National Semifinal
Bishop (Texas)..............L 73-68
Third Place Game
Rust (Miss.)..............W 77-61

1990s (259-37, .876%)

Winningest NCAA Division III program in the 1990s (259-37, .876%)

Calvin (Mich.).............W 66-43
at Defiance, Ohio
St. Thomas (Minn.).........W 70-64
Defiance........................W 79-62
at New York, N.Y.
National Semifinal
Wisconsin-Eau Claire..........L 77-63
Third Place Game
Scranton (Pa.)...........W 70-48

1999 at Capital (Alumni Gym)
Hope (Mich.).............W 86-75
at Defiance, Ohio
Defiance........................W 82-72
at Grand Rapids, Mich.
Washington (Mo.)............L 77-70 OT

2000 at Capital (Alumni Gym)
Calvin (Mich.).............L 64-63

2006 at Capital (The Capital Center)
Franklin (Ind.)............W 61-54
Hope (Mich.).............L 75-56

2009 at Saint Louis, Mo.
At Washington (Mo.)........L 77-72

2014 at Ferrum, Va.
At Ferrum (Va.).............TBA
Capital University enters its 88th season as a member of the Ohio Athletic Conference in 2013-14. The OAC is the nation’s third-oldest collegiate athletic conference and from its beginnings in 1902 has never wavered in its focus on the entire development of the student-athlete. The conference’s unparalleled success of all its members on and off the playing field has made the OAC one of the nation’s finest college conferences.

The OAC is predated only by the Michigan Intercollegiate Athletic Conference (1888) and the Big Ten (1895). The OAC is older than the Rose Bowl, the World Series and even the NCAA itself and has survived two world wars, the Great Depression, the Korean War and the Vietnam Conflict. From a modest beginning of six charter members in 1902, the OAC grew to as many as 24 members in the mid-1920s. Through the years a total of 31 colleges and universities at one time or another have been members of the OAC. Currently, the conference consists of 10 members: Baldwin Wallace University, Capital University, Heidelberg University, John Carroll University, Marietta College, the University of Mount Union, Muskingum University, Ohio Northern University, Otterbein University and Wilmington College.

Case Tech’s football team won the OAC’s first conference title with a 5-0-0 record. Outdoor track was added a year later and a third sport, cross country, became a conference sport in 1914. More sports were steadily added to the OAC’s repertoire throughout the years, culminating in the addition of women’s sports in 1984. The OAC currently sponsors championships in 21 sports, 11 men’s and 10 women’s. All 10 of the OAC institutions were founded in the 19th century and have long and outstanding academic reputations.

While maintaining these high academic standards, Ohio Athletic Conference teams and athletes consistently have enjoyed a great deal of success on a regional and national level. The athletic competition is viewed not as an end in itself, but as an extension of the educational programs, academic values that make the OAC one of the finest conferences in the nation.

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*2013-14 OAC regular season champion
# 2014 OAC Tournament champion
^ 2014 NCAA Tournament qualifier