



## CAPITAL WOMEN'S SOCCER (18-4-1 overall, 7-2 Ohio Athletic Conference)

NCAA Division III Tournament - Sectional Rounds  
Saturday, Nov. 23-Sunday, Nov. 24  
University of Washington (Mo.) • St. Louis, Mo.

No. 18 University of Puget Sound (Wash.) vs. Washington University (Mo.), 11 a.m.  
Capital (Ohio) University vs. No. 14 Thomas More (Ky.), 1:30 p.m.  
(Winners play Sunday at 1:30 p.m.; all times Central)

### CRUSADERS' RECORD-SETTING JOURNEY CONTINUES

The Capital University women's soccer team has reached the NCAA Tournament Round of 16 for the first time in program history.

The Crusaders have also set a school record with 18 victories, moving past the 1998 team for the most wins in one season.

### NCAA FIRST ROUND: CAPITAL 1, UNIVERSITY OF CHICAGO 0

Capital began its fifth-ever appearance in the NCAA Tournament at the University of Wisconsin-Whitewater last Saturday with a 1-0 victory in double overtime against the University of Chicago. The Crusaders clinched their second trip to the second round in the last three years with the dramatic triumph.

Sophomore defender **Mariah Richards** ended the contest in the 102nd minute, taking a corner kick from freshman midfielder **Claire Quinn** and finding the back of the net for the game-winner.

Senior goalkeeper **Maggie Donnellan** made seven saves for her fourth straight shutout and the team's 12th clean sheet of the season.

### NCAA SECOND ROUND: CAPITAL 1, NO. 16 WISCONSIN-WHITENWATER 0

Inclement weather conditions delayed the contest more than two hours and sent the two teams to the University of Wisconsin-Milwaukee, about an hour northeast of Whitewater.

Weather continued to play a role as the contest began, as neither team was able to find an abundance of clean shots toward the net due to strong winds and precipitation. **Richards** provided the only scoring in the affair, posting her second game-winning goal in as many days when she tapped in a pass from senior defender **Michelle Geiger**. The Warhawks made a strong push for an equalizer in the final 15 minutes, but the Crusaders' veteran back line held strong to secure a trip to the Round of 16.

**Donnellan** registered six saves for her fifth consecutive shutout and the team's 13th of the year.

### CRUSADERS IN THE NCAA TOURNAMENT

Capital is making its fifth appearance in the NCAA Tournament, its second in the last three years and its fourth in the last seven.

The Crusaders' last NCAA berth came in 2011, when the team advanced to the second round for the first time in school history. Capital defeated Alma (Mich.) 1-0 before falling against regional host and eventual national runner-up Wheaton (Ill.). In 2007, the Crusaders were defeated by Calvin (Mich.) on penalty kicks following a 0-0 tie. One year earlier, Capital was defeated 2-1 at Kenyon in the first round. The team's other appearance was in 1999.

### ROAD TO THE NCAA TOURNAMENT, PART 1: OAC REGULAR SEASON CHAMPS

Capital made its journey to the NAAs much easier on the final day of the regular season against its cross-town rival.

After three straight wins put the Crusaders at 6-2 in the Ohio Athletic Conference and tied atop the league standings, the team welcomed Otterbein, just a 20-minute drive from the Capital campus, to Bernlohr Stadium. The Cardinals also entered the match at 6-2 in the conference, so the stakes were clear - win and clinch at least a share of the regular season championship.

The Crusaders controlled play for the majority of the first half, but were unable to find the back of the net until the 44th minute, when **Quinn** blasted a shot from 20 yards out over the head of the Otterbein goalkeeper to give Capital a 1-0 advantage just over a minute before halftime.

In the second half, the Cardinals outshot the Crusaders 7-3, but **Donnellan** and the Capital defense stood their ground, holding Otterbein scoreless as Quinn's late first-half goal stood up for a 1-0 victory. **Donnellan** finished with seven saves in the effort as the Crusaders clinched a share of the regular season title with John Carroll and the No. 1 seed in the OAC Tournament.

### ROAD TO THE NCAA TOURNAMENT, PART 2: OAC TOURNAMENT CHAMPS

By earning the OAC Tournament's top seed, Capital received a bye to the semifinals and home field advantage throughout the tournament.

The Crusaders drew a familiar foe in the semifinals, as fourth-seeded Otterbein defeated Mount Union in the quarterfinals to set up a rematch from just five days earlier in Columbus.

Capital struck early in the contest, when senior midfielder **Livvy Hein** picked up a bouncing loose ball and volleyed it inside the far post in the 15th minute to give the team a 1-0 advantage it wouldn't relinquish. The Crusaders' strong midfield and defensive play kept the Cardinals in check as **Donnellan** needed just one save for her second straight solo shutout.

Capital then blitzed John Carroll in the championship match, scoring two goals in the first 17 minutes of the affair en route to a 4-0 triumph. Senior forward **Hilary Ells** posted her 14th goal of the campaign and her sixth game-winner in the fifth minute, making a great move to the middle off a throw-in from Hein and easily finishing past the keeper. Senior defender **Lauren Roy**, sophomore midfielder **Allison Mervau** and senior midfielder **Katie Freshour** also scored for the Crusaders. **Donnellan** collected her third straight shutout with six saves, including a highlight-reel diving stop early in the second half to preserve the teams' two-goal lead.

(notes continued on next page)



2013 SOCCER  
CHAMPIONSHIP  
DIVISION III



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### KOUNS NAMED OAC COACH OF THE YEAR

Third-year head coach **Chris Kouns** was selected OAC Coach of the Year by his coaching peers following the conclusion of the regular season. Kouns has led Capital to a 18-4-1 overall record and a 7-2 mark in the conference. The Crusaders shared the OAC regular season championship and won the OAC Tournament title with a 4-0 victory over John Carroll in the championship match at Bernlohr Stadium.

Capital is making its first-ever appearance in the NCAA Division III Tournament Round of 16 and enters play this weekend already having set a school record for wins in one season.

It's the fifth time a Capital women's soccer coach has been named OAC Coach of the Year, and the first since 2006.

"I am very pleased with the OAC Coach of the Year honor, but not just for my efforts being recognized," Kouns said. "Rather, I see this honor as confirmation that our coaching staff as a whole did a terrific job this year maximizing the potential that we possessed. Without (assistant coaches) **Ian Pena, Katie Robinson** and **Andrea Kaminski**, I could not have led the team to our second and third OAC championships in three years or our second NCAA Tournament trip in that same time.

"I also see this honor as recognition of every player in the program who was not given the official 'All-OAC' title. It truly is their daily efforts that make things work, and I am fortunate to be surrounded by those types of student-athletes."

### ELLS, DONNELLAN NAMED OAC PLAYERS OF THE YEAR AND FIRST TEAM ALL-OAC; FOUR OTHERS ALSO HONORED

On Wednesday, **Donnellan** was named OAC Goalkeeper of the Year for the third consecutive season, while **Ells** garnered Forward of the Year merits.

Freshman midfielder **Becca Cartmill** joined **Ells** and **Donnellan** on the All-OAC first team, while defenders **Ricahrd** and **Corey McClellan** earned second team honors. **Quinn** received honorable mention accolades.

GK Maggie Donnellan, Cincinnati, Ohio

- Also named Goalkeeper of the Year in 2011 and 2012
- Currently second in the OAC with eight solo shutouts, but has been a part of all 13 of the team's shutouts in 2013
- Save percentage of .872 leads OAC and ranks 23rd nationally
- Has started all 23 matches so far
- Was named second team NSCAA All-Great Lakes Region in 2012

F Hilary Ells, Grandview Heights, Ohio

- Currently leads the OAC with 14 goals and 28 points
- Has scored a team-best six game-winning goals in 2013, including the game-winner against John Carroll in the OAC Tournament title match

- Became first Crusader since 1999 to score four goals in a match, reaching the mark against Marietta on Oct. 22
- Has started 22 of 23 matches this season after being sidelined due to injury in 2012
- Was named second team All-OAC and second team CoSIDA/Capital One Academic All-District in 2011

M Becca Cartmill, Temecula, Calif.

- Leads the OAC and is tied for 33rd in NCAA Division III with 10 assists for the season
- Third on the team and tied for eighth in the OAC in scoring with 18 points (4 goals, 10 assists)
- Has three game-winning goals
- Scored two goals against Heidelberg on Oct. 11
- Tallied a season-high three assists at Muskingum on Oct. 30

D Corey McClellan, Columbus, Ohio

- Has appeared in 21 matches and has made 20 starts on the back line
- Was named honorable mention All-OAC in 2012
- Has two goals and one assist for her career
- Is a four-year starter

D Mariah Richards, Canton, Ohio

- Scored game-winning goals in each of the Crusaders' first two NCAA Tournament matches last weekend
- Has appeared in all 23 matches with 21 starts in 2013
- Has three goals and one assist for seven points this season
- Was also a second team All-OAC pick in 2012

M Claire Quinn, Coto de Caza, Calif.

- Has started all 23 matches in the midfield in 2013
- Has one goal and three assists for five points
- Scored the game-winning goal to help Capital clinch share of OAC regular season title vs. Otterbein on Nov. 2

### CRUSADERS REGIONALLY RANKED

The Crusaders were slotted fourth in the NSCAA's Great Lakes Region Poll, which was released Tuesday. Capital, which was as high as No. 2 in the poll, has played seven of the 10 teams currently ranked in the Great Lakes.

Capital was ranked fifth in the NCAA's final edition of the Great Lakes Regional rankings, taking on five of the eight teams during the regular season.

(notes continued on next page)



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### TWELVE CRUSADERS EARN ACADEMIC ALL-OAC DISTINCTION

A dozen members of the women's soccer team represented nearly half of Capital's 30 student-athletes named 2013 Fall Academic All-Ohio Athletic Conference as the league announced its honorees Tuesday.

A total of 278 student-athletes participating in men's and women's cross country, football, men's and women's soccer and volleyball from the conference's 10 institutions were recognized as Academic All-OAC award winners. Student-athletes selected must be a sophomore or higher in class standing, maintain varsity status on their team and have a cumulative grade point average of at least 3.495 on a 4.0 scale.

Seniors **Katie Freshour** and **Madison Palmer** earned Academic All-OAC accolades for the second consecutive season. The other 10 honorees received the recognition for the first time.

See below for the complete list of women's soccer Academic All-OAC award winners.

(Name - Yr. - Major, Grade Point Average)

Morgan Austin - So. - Business/Political Science, 3.50  
Maggie Donnellan - Sr. - Education, 3.51  
Maura Fortino - So. - Public Relations, 3.92  
Katie Freshour - Sr. - Biology/Pre-Med, 3.74  
Michelle Geiger - Sr. - Nursing, 3.84  
Livvy Hein - Sr. - Early Childhood Education/Intervention Specialist - 3.67  
Katie Janz - Sr. - Early Childhood Education, 3.82  
Corey McClellan - Sr. - Biology/Pre-Med, 3.51  
Madison Palmer - Sr. - Art, 3.87  
Mariah Richards - So. - Biochemistry, 3.56  
Lauren Roy - Sr. - Psychology, 3.56  
Ashleigh Schmittle - So. - Nursing, 3.79

### CRUSADERS AMONG OAC, NCAA LEADERS

Capital leads the Ohio Athletic Conference in assists (35), goals-against average (0.72), save percentage (.877) and shutout percentage (56.5 percent). The Crusaders' save percentage is the No. 19 mark in the nation, while the team's shutout percentage is 34th best among NCAA Division III members.

**Donnellan** ranks first in the conference and 23rd in the nation with a .877 save percentage, as well as second in the league and 48th in the country in goals-against average. With 116 total saves, Donnellan is second in the OAC and 79th nationally. **Cartmill** leads the OAC in both assists (10) and assists per match (0.45), stats that rank 33rd and 66th, respectively, in the nation.

**Ells**, the conference's No. 1 goal scorer, ranks 88th in NCAA Division III with 14 goals.

### CRUSADERS' FIRST OPPONENT A FAMILIAR FOE

Capital will face Thomas More (Ky.) in the NCAA Division III Tournament sectional semifinals on Saturday.

The Crusaders handed the Saints their only loss of the season back on Sept. 11. After Courtney Clark put Thomas More on the board in the 34th minute with a penalty kick, freshman forward **Monique Hanayik** leveled the match at 1-1 just under two minutes later.

Neither team scored again until the 108th minute in the second overtime, when **Ells** knocked home a rebound to send Capital off with a critical road win.

The two teams have met six times in the last seven years, including this season's match. The Saints hold a 4-1-1 advantage in those contests, including three straight wins from 2007-09.

### SCOUTING THOMAS MORE (19-1-2)

The Saints are a member of the Presidents' Athletic Conference (PAC) ... Thomas More received an automatic bid to the NCAA Tournament after winning the PAC Tournament with a 1-0 victory over Grove City (Pa.) in the tournament final ... the Saints have won 14 straight matches entering play this weekend and are unbeaten in their last 18 ... Thomas More finished 9-0 in the PAC to win the conference outright ... the Saints are ranked No. 3 by the NCAA and No. 1 by the NSCAA in the Great Lakes Region ... Thomas More was ranked No. 14 in the final NSCAA Top 25 National Poll ... the Saints lead the PAC in nearly all key statistical categories, and rank in the top 10 in the nation in goals-against average (0.27, 3rd), shutout percentage (77.3 percent, 7th) and save percentage (.885, 10th) ... Olivia Huber ranks among the top scorers in the nation with 22 goals (13th) and 52 points (15th) ... GK Megan Barton ranks sixth in the nation with a 0.31 goals-against average

### WHAT'S NEXT

The winner of Saturday's match takes on the winner of the No. 18 Puget Sound (Wash.)-No. 1 Washington (Mo.) match on Sunday at 1:30 p.m. Central (2:30 p.m. Eastern) with a ticket to the NCAA Tournament semifinals and a trip to San Antonio, Texas, on the line.

Puget Sound (17-2-2), which has played in the NCAA Tournament in every season since 2003, won the Northwest Conference regular season title to earn an automatic bid. Washington (19-1) won its second straight University Athletic Association regular season championship and ninth overall to qualify automatically for the NAAs.



**2013 SOCCER  
CHAMPIONSHIP**  
DIVISION III

# 2013 NCAA Tournament Official Women's Soccer Roster

## Capital University Crusaders

No.	Name	Pos.	Ht.	Yr.	Hometown/High School
00	Kim Leitch	GK	5-6	So.	Rocky River, Ohio/Rocky River
0	Maggie Donnellan*	GK	5-7	Sr.	Cincinnati, Ohio/Kings Mills
1	Livvy Hein	F/M	5-3	Sr.	Worthington, Ohio/Worthington Kilbourne
3	Jamie Murray	F	5-8	So.	West Palm Beach, Fla./Seminole Ridge
4	Corey McClellan*	D	5-7	Sr.	Columbus, Ohio/Worthington Kilbourne
5	Claire Quinn	M	5-5	Fr.	Coto de Caza, Calif./JSerra Catholic
6	Ashleigh Schmittle	D	5-7	So.	Amherst, Ohio/Amherst Steele
7	Holly Phillips	F/M	5-3	Sr.	Bellbrook, Ohio/Bellbrook
8	Becca Cartmill	F	5-1	Fr.	Temecula, Calif./Temecula Valley
9	Maura Fortino	M	5-0	So.	Philadelphia, Pa./Merion-Mercy Academy
10	Alyssa Goodnight	M	5-7	Sr.	Atlanta, Ind./Hamilton Heights
11	Hilary Ells*	F	5-8	Sr.	Grandview Heights, Ohio/Grandview Heights
13	Allison Mervau	M	5-6	So.	Micanopy, Fla./P.K. Yonge
14	Monique Hanayik	F	5-10	Fr.	Sidney, Ohio/Sidney
17	Michelle Geiger*	D	5-3	Sr.	Cincinnati, Ohio/Norwood
19	Lauren Roy	D	5-10	Sr.	Toledo, Ohio/Springfield
20	Katie Freshour	M	5-7	Sr.	North Canton, Ohio/Hoover
21	Katie Janz	M	5-4	Sr.	Dayton, Ohio/Archbishop Alter
23	Madison Palmer	F	5-7	Sr.	Spring Arbor, Mich./Western
24	Jackie Kelly	D	5-6	Fr.	Fairfield, Ohio/Fairfield
27	Megan Tolnar	M	5-6	So.	New Albany, Ohio/New Albany
30	Jessie Cermelj	M	5-9	Jr.	Westerville, Ohio/Worthington Christian
32	Morgan Austin	D	5-6	So.	Jeromesville, Ohio/Hillsdale
35	Mariah Richards	M/D	5-6	So.	Canton, Ohio/Massillon Jackson

\*Denotes captain

**Head Coach:** Chris Kouns (3rd year)

**Assistant Coaches:** Ian Pena, Andrea Kaminski, Katie Robinson

**Athletic Trainer:** Andrea Schimmel

### Pronunciations:

#13 Allison Mervau (mer-VOH)

#14 Monique Hanayik (hun-IKE)

#30 Jessie Cermelj (sir-MELL)

### CAPITAL AT A GLANCE

School ..... Capital University  
 City/ZIP ..... Columbus, Ohio 43209  
 Founded ..... 1830  
 Enrollment ..... 3,000  
 Nickname ..... Crusaders  
 Colors ..... Purple and Gray  
 Stadium (opened) ..... Bernlohr Stadium (2001)  
 Capacity ..... 3,000  
 Surface ..... FieldTurf  
 Conference ..... Ohio Athletic Conference (OAC)  
 President ..... Dr. Denvy Bowman (Roanoke, Va. '78)  
 Director of Athletics ..... Dr. Steve Bruning (Ohio '87)  
 Athletic Phone ..... 614-236-6209



**2013 SOCCER CHAMPIONSHIP**  
 DIVISION III

**Capital University**  
 Ask. Think. Lead.

**Capital University Combined Team Statistics (as of Nov 19, 2013)**  
**All games**

<b>RECORD:</b>	<b>OVERALL</b>	<b>HOME</b>	<b>AWAY</b>	<b>NEUTRAL</b>
ALL GAMES	18-4-1	12-1	4-2-1	2-1
CONFERENCE	7-2	5-0	2-2	0-0
NON-CONFERENCE	11-2-1	7-1	2-0-1	2-1

Date	Opponent	Score	Att.	#	Player	gp	g	a	pts	sh	sh%	sog	sog%	gw	pk-att
Aug 31	vs Carnegie Mellon	L 2-3	100	11	Hilary Ells	23	14	0	28	81	.173	48	.593	6	0-0
Sep 01	at Penn State Behrend	To2 2-2	150	3	Jamie Murray	22	8	4	20	39	.205	22	.564	2	0-0
Sep 06	BERRY (GA.)	w 3-1	228	8	Becca Cartmill	22	4	10	18	42	.095	25	.595	3	0-0
Sep 08	SHENANDOAH (VA.)	w 3-0	213	13	Allison Mervau	23	3	3	9	12	.250	9	.750	1	1-1
Sep 11	at #14 Thomas More	Wo2 2-1	206	1	Livvy Hein	22	2	5	9	9	.222	7	.778	1	0-0
09-14-13	DEFIANCE COLLEGE	w 4-0	250	14	Monique Hanayik	22	3	1	7	32	.094	19	.594	1	0-0
9/18/2013	at Wittenberg	w 1-0	137	35	Mariah Richards	23	3	1	7	13	.231	8	.615	2	0-0
0 Sep 21	HANOVER (IND.)	L 0-2	125	9	Maura Fortino	21	2	2	6	20	.100	10	.500	0	1-1
Sep 27	MOUNT ST. JOSEPH	w 2-0	179	30	Jessie Cermelj	16	2	1	5	6	.333	4	.667	0	0-0
Oct 02	KENYON COLLEGE	w 2-0	75	5	Claire Quinn	23	1	3	5	25	.040	6	.240	1	0-0
* 10/05/13	JOHN CARROLL	w 2-0	80	20	Katie Freshour	22	2	0	4	6	.333	4	.667	1	0-0
* Oct 11	HEIDELBERG	w 2-0	125	19	Lauren Roy	23	1	0	2	6	.167	3	.500	0	0-0
* Oct 16	at Wilmington	L 1-2	108	24	Jackie Kelly	11	1	0	2	5	.200	2	.400	0	0-0
* 10/19/2013	at Mount Union	w 2-1	146	6	Ashleigh Schmittle	23	1	0	2	4	.250	3	.750	0	0-0
* Oct 20	at Ohio Northern women	L 0-2	131	10	Alyssa Goodnight	14	0	2	2	4	.000	2	.500	0	0-0
* Oct 22	MARIETTA COLLEGE	w 5-0	145	17	Michelle Geiger	22	0	1	1	6	.000	3	.500	0	0-0
* 10/26/13	BALDWIN WALLACE	Wot 2-1	180	23	Madison Palmer	17	0	1	1	2	.000	1	.500	0	0-0
* Oct 30	at Muskingum University	w 4-2	189	15	Taylor Atkins	8	0	1	1	1	.000	0	.000	0	0-0
* Nov 02	OTTERBEIN	w 1-0	403	7	Holly Phillips	17	0	0	0	8	.000	4	.500	0	0-0
11/07/13	OTTERBEIN	w 1-0	405	32	Morgan Austin	18	0	0	0	3	.000	1	.333	0	0-0
11/10/13	JOHN CARROLL	w 4-0	355	12	Kim Hoerauf	16	0	0	0	2	.000	0	.000	0	0-0
Nov 16	vs Chicago	Wo2 1-0	208	31	Kylie Tritt	7	0	0	0	1	.000	0	.000	0	0-0
Nov 17	vs UW-Whitewater	w 1-0	0	27	Megan Tolnar	15	0	0	0	1	.000	1	1.000	0	0-0
				4	Corey McClellan	21	0	0	0	1	.000	1	1.000	0	0-0
				33	Ashley Brunner	4	0	0	0	0	.000	0	.000	0	0-0
				29	Melissa Spurbeck	3	0	0	0	0	.000	0	.000	0	0-0
				28	Sam Wentz	1	0	0	0	0	.000	0	.000	0	0-0
				25	Kathy Connor	6	0	0	0	0	.000	0	.000	0	0-0
				22	Cassaddie Roach	6	0	0	0	0	.000	0	.000	0	0-0
				21	Katie Janz	8	0	0	0	0	.000	0	.000	0	0-0
				2	Jenna Zuberi	7	0	0	0	0	.000	0	.000	0	0-0
				00	Kim Leitch	5	0	0	0	0	.000	0	.000	0	0-0
				0	Maggie Donnellan	23	0	0	0	0	.000	0	.000	0	0-0
					Total	23	47	35	129	329	.143	183	.556	18	2-2
					Opponents	23	17	12	46	259	.066	138	.533	4	1-2

<b>TEAM STATISTICS</b>	<b>CAPW</b>	<b>OPP</b>
<b>SHOT STATISTICS</b>		
Goals-Shot attempts	47-329	17-259
Goals scored per game	2.04	0.74
Shot pct.	.143	.066
Shots on goal-Attempts	183-329	138-259
SOG pct.	.556	.533
Shots/Game	14.3	11.3
CORNER KICKS	107	108
PENALTY KICKS	2-2	1-2
<b>PENALTIES</b>		
Yellow cards	11	7
Red cards	0	0
<b>ATTENDANCE</b>		
Total	2763	1067
Dates/Avg Per Date	13/213	7/152
Neutral Site #/Avg	3/103	

#	Goalie	GP	Min.	GA	GAAvg	Saves	Pct	W-L-T	Sho
00	Kim Leitch	5	98:28	0	0.00	2	1.000	0-0-0	0
0	Maggie Donnellan	23	2025:19	17	0.76	116	.872	18-4-1	8
	Total	23	2123:47	17	0.72	121	.877	18-4-1	13
	Opponents	23	2123:47	47	1.99	136	.743	4-18-1	2

<b>Goals by Period</b>	1st	2nd	OT	OT2	Total
Capital University	19	25	1	2	47
Opponents	11	6	0	0	17

<b>Shots by Period</b>	1st	2nd	OT	OT2	Total
Capital University	168	154	5	2	329
Opponents	125	123	9	2	259

<b>Saves by Period</b>	1st	2nd	OT	OT2	Total
Capital University	63	56	2	0	121
Opponents	78	55	3	0	136

<b>Corners by Period</b>	1st	2nd	OT	OT2	Total
Capital University	51	52	3	1	107
Opponents	43	60	3	2	108

<b>Fouls by Period</b>	1st	2nd	OT	OT2	Total
Capital University	91	79	5	2	177
Opponents	84	59	1	1	145

# Head Women's Soccer Coach Chris Kouns

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Chris Kouns enters his third year as the head women's soccer coach at Capital University. He was hired at Capital in the spring of 2011.

Kouns recently earned Ohio Athletic Conference Coach of the Year honors after leading the Crusaders to a 16-4-1 record, including a 7-2 mark in OAC play. Capital shared the league regular season championship before taking the conference tournament title with victories over Otterbein (1-0) and John Carroll (4-0). The Crusaders earned their second NCAA Tournament bid in the last three seasons, and seniors Maggie Donnellan and Hilary Ells were named OAC Goalkeeper of the Year and Forward of the Year, respectively. Capital now enters the NCAA Tournament's Round of 16 for the first time ever with a school-record 18 victories under its belt.

In his first season at the helm, Kouns guided the Crusaders to the OAC Tournament championship and the school's first-ever victory in the NCAA Division III Tournament. After closing out the regular season on a six-match unbeaten streak, Capital ran the table in the OAC Tournament, highlighted by the team's first win over Otterbein since 2007 in the semifinals. The team defeated John Carroll 4-2 in the championship game before knocking off Alma (Mich.)

by a 1-0 score in the first round of the NAACs. Kouns coached four All-OAC honorees, one CoSIDA/Capital One Academic All-District VII selection and one Academic All-OAC pick. The team was also picked as a recipient of the National Soccer Coaches Association of America Team Academic award.

In addition, the Crusaders earned three of the conference's four player of the year selections in 2011. Senior Tara Zimmer collected OAC Mid-fielder of the Year honors after finishing ninth in the nation with 14 assists and 19th in the NCAA in assists per game. Sophomore Maggie Donnellan garnered OAC Goalkeeper of the Year accolades, placing 11th in the nation in goalie minutes played with 1,993 and recording eight shutouts for the year. Senior Kaylee Phillips was named OAC Forward of the Year after finishing in the top five in the league in goals, assists, points and game-winning goals.

In 2012, Kouns guided Capital to a third-place finish and an appearance in the OAC Tournament quarterfinals despite the loss of two starters due to injury in the preseason. Junior Maggie Donnellan earned her second straight OAC Goalkeeper of the Year and first team All-OAC honors. She also became the third Crusader in two seasons to be named to the NSCAA All-Great Lakes Region squad, garnering second team accolades. Four others were tabbed All-OAC, and the team picked up its second consecutive NSCAA Team Academic Award with a 3.37 team grade point average. Six players registered Academic All-OAC merit.

Prior to Capital, Kouns served as a women's soccer head coach or assistant coach at six NCAA Division I schools and an NAIA institution. From 2008 to 2010, Kouns was the Associate Head Coach at the University of Cincinnati. He helped lead the Bearcats to their first ever Big East Conference Tournament appearance in 2008.

Kouns served as the head coach at Jacksonville University in Florida from 2004 to 2008. He led the Dolphins to the 2006 Atlantic Sun Conference Tournament championship and the NCAA Division I Women's Soccer Tournament. In addition, his squad received three consecutive NSCAA Team Academic awards. Kouns coached one of the program's all-time best players in Keri Zwikker, a four-time All-Atlantic Sun first team selection and ESPN The Magazine Academic All-American. A holder of multiple Jacksonville records, Zwikker also earned the A-Sun Freshman of the Year award and NSCAA Scholar Academic All-American third team accolades.

From 2003 to 2004, Kouns was an assistant coach at the University of Pennsylvania. He coached a pair of All-Ivy League First Team student-athletes, including Katy Cross, a 2004 GTE-CoSIDA Academic All-America. Before his stint at Penn, Kouns was an assistant coach for three seasons at Georgia State University, and two years as an assistant at Samford University.

Kouns first women's soccer head coaching position was at NAIA Union (Ky.) College from 1999 to 2000. At Union, Kouns led the Bulldogs to the 1999 Mid-South Conference Tournament championship and an appearance in the NAIA National Tournament while posting a 15-9 record.

A successful women's soccer head coach on the high school level, Kouns led Fayette County High School in Georgia to an 85-29-3 record from 1993 to 1999. His team never finished lower than fifth in the state while earning five state final four appearances.

Along with his collegiate and high school coaching, Kouns was a head coach in 2009 for the Ohio U.S. Youth Soccer Olympic Development Program. In 2010, he was a coaching education instructor for the Ohio South State Soccer Association. Kouns has been a member of the Olympic Development Program staff in Georgia, Alabama, Eastern Pennsylvania and, currently, in Ohio. He is currently a coaching license instructor for U.S. Soccer and is also a member of the NSCAA Coaching Education staff.

Kouns graduated from Mars Hill College in North Carolina in 1992 with a bachelor's in history and psychology. He was a four-time letterwinner for the Lions on the NAIA and NCAA Division II levels. As a senior in 1992, Kouns was an NAIA Academic All-America, and a GTE-CoSIDA All-America finalist.



# Women's Soccer Assistant Coaches

## Katie Robinson - Assistant Coach



Katie Robinson enters her first season as an assistant women's soccer coach at Capital University.

Robinson was a three-year letter winner for Capital, competing from 2007-09. One of the most decorated players in program history, Robinson earned 2008 Ohio Athletic Conference Forward of the Year accolades and was a three-time All-OAC and NSCAA All-Great Lakes Region honoree. She led the Crusaders to the OAC Tournament championship and an appearance in the NCAA Division III Tournament in 2007, the most recent for the Crusaders prior to the team's 2011 league tournament title.

During her three seasons, Capital amassed an impressive 38-19-6 overall record and went 18-9-0 in conference play. Prior to joining Capital, Robinson spent her freshman year (2006) at the University of North Carolina at Charlotte. In her first season of collegiate action she helped lead the 49ers to an Atlantic 10 Conference championship as the team posted a 12-5-3 overall record.

Robinson returns to Capital after spending the past two years as the lead assistant at Goucher (Md.) College. In 2012, Robinson helped guide the Gophers to the best record in program history, a 12-4-2 finish. During her time at Goucher, she helped produce five All-Landmark Conference and two NSCAA All Mid-Atlantic Region selections. In addition to her coaching duties at Goucher, Robinson earned her master's in athletic administration & leadership and a certification from the National Board of Certification as an athletic trainer.

Outside of her work with the Gopher women's soccer program, Robinson has also been very busy expanding her horizons and her coaching ability. A United States Soccer Federation D Licensed coach, Robinson is currently the assistant coach for the Maryland Olympic Development Program (ODP) U-17 team, which visits the USYSA Region I Regional camp this summer at the University of Rhode Island. Katie is also a head coach for the Soccer Association of Columbia (SAC) U-16 Girls soccer team in Maryland and a residential camp director for the Columbus Crew Youth Soccer Camps here in Columbus.



Ian Pena enters his third year on the sideline for the Crusaders.

Under Pena's guidance over the last two seasons, Capital has posted a 15-4-2 record in the Ohio Athletic Conference. He has assisted in the development of four OAC Players of the Year and a host of program records, including the team's NCAA Division III Tournament second round appearance in 2011.

Pena has 21 years of coaching experience at the club, high school, Olympic Development Program and collegiate level. He currently serves as the Director of Coaching and Player Development for the Freedom Soccer Club of Columbus, a position which earned him Ohio South Youth Soccer Girl's Coach of the Year honors in 2006.

Ian is heavily involved with the US Youth Soccer Olympic Development Program currently serving as a coaching staff member for the Ohio South Olympic Development Program and a member of the Region II ODP Regional staff. In addition to his coaching involvement at the state level Ian also acts as an Ohio South Youth Soccer Coaching License Instructor. In this position he is responsible for helping educate and instruct coaches from the youth level to the USSF D level.

As a player Ian was named All Carolina Conference and All District at St. Andrews College (NC). Following his playing career he joined the St. Andrews coaching staff as an assistant coach in 1994 and 1995. He also played soccer at the International level in Trinidad & Tobago with the Calendonía AIA Football Club.

Ian currently holds a USSF A coaching license and a M.Ed. in adapted physical education.

## Ian Pena - Assistant Coach



Andrea Kaminski returns for her third year with the Crusaders. She is responsible for coaching the goalkeepers.

Over the past two years, Kaminski's guidance helped enable goalkeeper Maggie Donnellan to earn two straight Ohio Athletic Conference Goalkeeper of the Year honors and a spot on the NSCAA All-Great Lakes Region second team.

Kaminski was a four year letter winner at the University of Cincinnati where she competed in the Big East Conference, one of the nation's premier women's soccer conferences. At UC she logged over 6,713 minutes in goal and completed her career as the school's all-time saves leader. She led the Big East Conference in saves in 2006 and 2009 and was named Big East Goalkeeper of the Week on five different occasions. She was also named the team MVP in 2007 as well as the team captain for the Bearcats in 2008 and 2009.

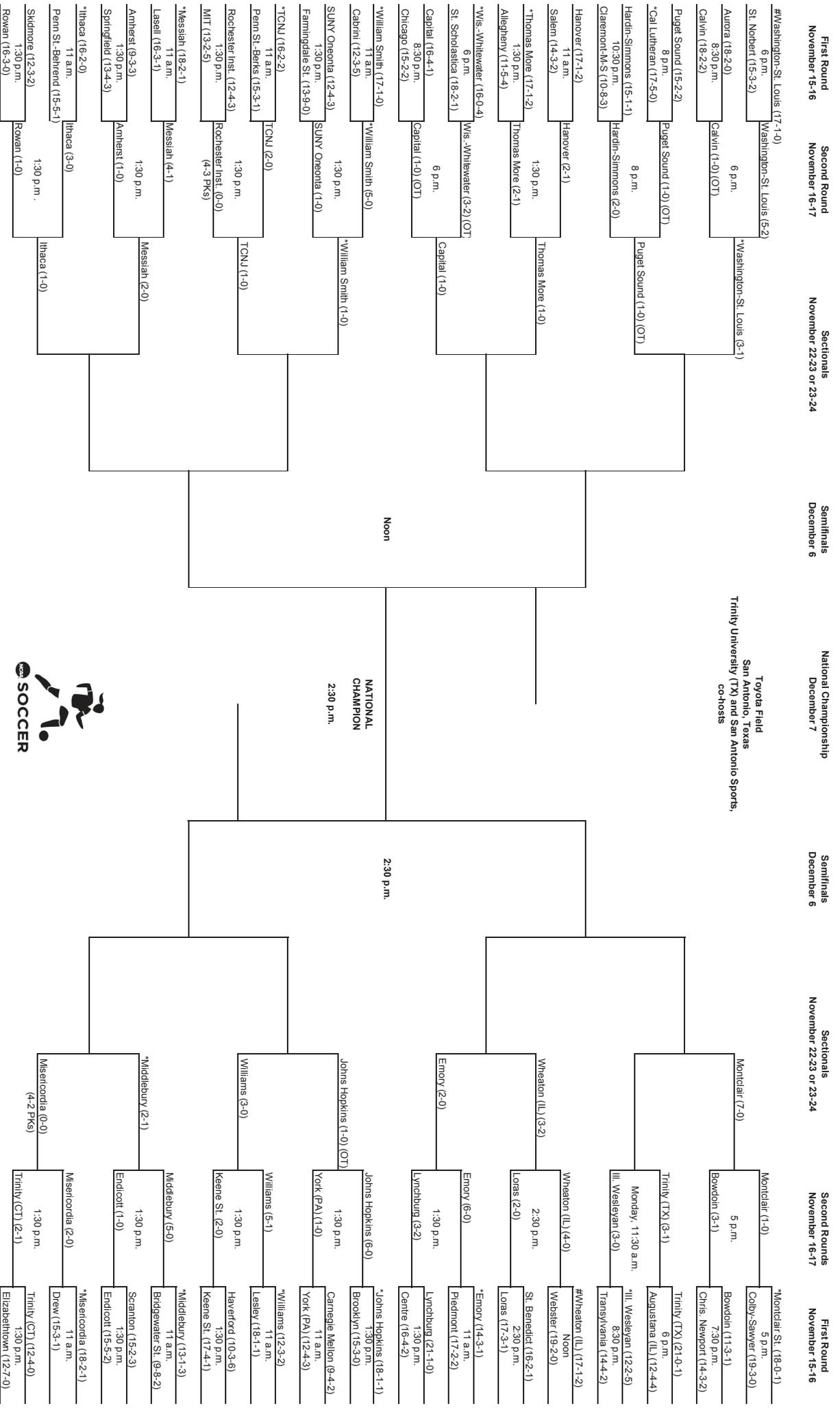
In addition to her collegiate playing experience Andrea also competed in the W-League, for the West Virginia Illusion, and is a staff coach for the Soccer Plus Goalkeeping School. Soccer Plus Goalkeeping School was founded by former U.S. Women's National Team Coach, and World Champion, Tony DiCicco, and is widely recognized as one of the top goalkeeping schools in the nation.

Kaminski is currently living in Columbus and is a special education teacher at Columbus Humanities Arts and Technology Academy.

## Andrea Kaminski - Goalkeepers Coach



# 2013 NCAA Division III Women's Soccer Championship



Host Institutions  
 #Fri- Second Round host, November 15-16  
 \*Fri- Second Round host, November 16-17  
 \*Sat- Sectional Hosts, November 22-23  
 \*Sectional Hosts, November 23-24  
 All times are Eastern time

## 2013 OAC Official Women's Soccer Roster

### Capital University Crusaders

No.	Name	Pos.	Ht.	Yr.	Hometown/High School
02	Alexis Brand	GK	5-8	Fr.	Orlando, Fla./East River
01	Marisa Cotsmire	GK	5-3	Fr.	North Canton, Ohio/Hoover
00	Kim Leitch	GK	5-6	So.	Rocky River, Ohio/Rocky River
0	Maggie Donnellan*	GK	5-7	Sr.	Cincinnati, Ohio/Kings Mills
1	Livvy Hein	F/M	5-3	Sr.	Worthington, Ohio/Worthington Kilbourne
2	Jenna Zuberi	M	5-3	Fr.	Canal Winchester, Ohio/Canal Winchester
3	Jamie Murray	F	5-8	So.	West Palm Beach, Fla./Seminole Ridge
4	Corey McClellan*	D	5-7	Sr.	Columbus, Ohio/Worthington Kilbourne
5	Claire Quinn	M	5-5	Fr.	Coto de Caza, Calif./JSerra Catholic
6	Ashleigh Schmittle	D	5-7	So.	Amherst, Ohio/Amherst Steele
7	Holly Phillips	F/M	5-3	Sr.	Bellbrook, Ohio/Bellbrook
8	Becca Cartmill	F	5-1	Fr.	Temecula, Calif./Temecula Valley
9	Maura Fortino	M	5-0	So.	Philadelphia, Pa./Merion-Mercy Academy
10	Alyssa Goodnight	M	5-7	Sr.	Atlanta, Ind./Hamilton Heights
11	Hilary Ells*	F	5-8	Sr.	Grandview Heights, Ohio/Grandview Heights
12	Kim Hoerauf	F	5-4	So.	Worthington, Ohio/Thomas Worthington
13	Allison Mervau	M	5-6	So.	Micanopy, Fla./P.K. Yonge
14	Monique Hanayik	F	5-10	Fr.	Sidney, Ohio/Sidney
15	Taylor Atkins	F	5-6	Fr.	Bethel, Ohio/Bethel-Tate
17	Michelle Geiger*	D	5-3	Sr.	Cincinnati, Ohio/Norwood
19	Lauren Roy	D	5-10	Sr.	Toledo, Ohio/Springfield
20	Katie Freshour	M	5-7	Sr.	North Canton, Ohio/Hoover
21	Katie Janz	M	5-4	Sr.	Dayton, Ohio/Archbishop Alter
22	Cassaddie Roach	D	5-6	Fr.	Gahanna, Ohio/Westerville North
23	Madison Palmer	F	5-7	Sr.	Spring Arbor, Mich./Western
24	Jackie Kelly	D	5-6	Fr.	Fairfield, Ohio/Fairfield
25	Kathy Connor	M	5-6	Fr.	Mason, Ohio/Mason
27	Megan Tolnar	M	5-6	So.	New Albany, Ohio/New Albany
28	Sam Wentz	D	5-5	Jr.	Haddon Heights, N.J./Haddon Heights
29	Melissa Spurbeck	D	5-2	Fr.	Pataskala, Ohio/Watkins Memorial
30	Jessie Cermelj	M	5-9	Jr.	Westerville, Ohio/Worthington Christian
31	Kylie Tritt	D	5-5	Fr.	Highland Heights, Ohio/Mayfield
32	Morgan Austin	D	5-6	So.	Jeromesville, Ohio/Hillsdale
33	Ashley Brunner	M	5-6	Fr.	Dayton, Ohio/West Carrollton
35	Mariah Richards	M/D	5-6	So.	Canton, Ohio/Massillon Jackson

\*Denotes captain

**Head Coach:** Chris Kouns (3rd year)

**Assistant Coaches:** Ian Pena, Andrea Kaminski, Katie Robinson

**Athletic Trainer:** Robert Thorne

**Pronunciations:**

#12 Kim Hoerauf (HAIR-off)

#13 Allison Mervau (mer-VOH)

#14 Monique Hanayik (hun-IKE)

#30 Jessie Cermelj (sir-MELL)